

'The Hill' Gets New Branding AVP- p. 6

FREE

Who's First in Your Life? p. 3

Friday
February 3, 2023
Vol. 9, No. 22
ValleyWeeklyllc.com

Congratulations!!!

Coach Brandon Jones
Middle School Basketball
Coach of the Year
Huntsville City Schools

**McNair Middle
School Boys**
Championship Winners



Aaron J. Thompson



"All color is no color." - Kenneth B. Clark

STEM/Black History Program Honors Pioneer

The inaugural North Alabama Clyde Foster STEM/Black History Program will be held February 7, 2023, at Columbia High School in Huntsville, Ala.

Clyde Foster served as the director of Alabama A&M University's (college) Computer Science Center from 1968-70. The Center enabled students to train for and graduate with a degree in computer science, the first such degree offered in Alabama.

The science, technology, engineering and math



program on February 7 will include hands on demonstrations, drones and simulators. The event is sponsored

by the W.H. Council Community Development Corporation, BEYA Stars and Stripes, Infinity Aero Club, Team Redstone and others.

Over 300 Huntsville City School System middle and high school students will participate in person. STEM mentors will interact with the students, also. Students from all three Madison County school systems, private and home schools are invited to participate through YouTube connections.

For further information, contact Juanita Lee, at juanitaboddielee@gmail.com.

ASU, Tuskegee Will Host DoD Program

Alabama State University and Tuskegee University, in collaboration with the U.S. Department of Defense's Diversity Management Operations Center, will present "Taking the Pentagon to the People" Program. The event will take place on Thursday, February 23, from 9 a.m.-5:30 p.m. on the ASU campus.

Don't miss this "rare opportunity" to learn about employment opportunities within the Department of Defense (DoD)! Required registration is now open at <https://cvent.me/OYlmG3>.

Students, faculty, staff, alumni, community leaders, and visitors are

TAKING THE PENTAGON

TO THE PEOPLE



welcome!

The Students & Alumni track will include a DoD Mock Interview Demonstration; Recruiter Information Tables; Speed Mentoring & Networking with Top Senior Officials; and Panels on Available Student Opportunities.

The track for Faculty and Staff will include Grant/Proposal Writing Workshop, as well as Key

Information on Research & Development Opportunities.

To visit the event website for more information and registration, click the link below.

Registration is FREE, so please share this event with your colleagues, friends, and students.

Link:
<https://cvent.me/OYlmG3>

Animal Services Cites Urgent Need

In the market for a new pet? If so, Huntsville Animal Services is waiving adoption fees on all animals through the end of January, though some exclusions apply.

The kennels at Huntsville Animal Services are chock-full of pets of every shape and size, in need of a good

home. Director Dr. Karen Sheppard said the shelter's experienced a jump in intakes, including two recent litters of puppies.

"The need to rehome these animals is urgent because we're out of room," she said. "The fact we're so overcrowded illustrates why it's

so critical to spay and neuter pets to reduce the homeless pet population."

Each pet adopted from Huntsville Animal Services is vaccinated, spayed/neutered, microchipped and comes with a City license and free bag of pet food. Call (256) 883-3782.

The
Valley Weekly

INSIDE THIS ISSUE!

Washington in One Minute, Page 2
Preston Brown's Champion Game Plan, Page 3
"Jahni" Moore's PowerShots, Page 4
Valley Events, Page 4
tim allston: Perspectives, Page 5
Millennial Moment, Page 5
RJF Sponsors, Page 7

Rep. Daniels Throws Surprise 40th for Spouse

Saturday, January 28, 2023

Toyota Field | Trash Panda Stadium - Madison, Ala.

Photos by
Jeff White



Publisher
The Valley Weekly, LLC

Editor-in-Chief
Dorothy W. Huston, Ph.D.

**Editorial Consultant/
Senior Editor**
Jerome Saintjones, Ed.S.

Editorial Assistants
Linda Burruss
Phyllis Chunn
William Huston, Sr.
Gary T. Whitley, Jr.

Advertising Associate
Phyllis Chunn

- Contributing Editors -
tim allston
Minister Preston Brown
Gloria B. Caldwell
Ron Hamm
Margaret Kelly, Ph.D.
Gary T. Whitley, Jr.

Website Administrator
Calvin Farier

Mailing Address:
The Valley Weekly
415A Church Street - Suite 100
Huntsville, AL 35801
(256) 651-9028
www.valleyweeklyllc.com
Copyright 2023

Items for consideration for publication in The Valley Weekly should be submitted at least **TWO** weeks in advance to above address or by e-mail to info@valleyweeklyllc.com. Items published do not necessarily reflect the views of The Valley Weekly, LLC.

Submissions to TVW do not necessarily reflect the beliefs of the editorial staff, and TVW is not responsible for the authenticity of submissions.

The Valley Weekly Ad Rates Single Issue		
Back Cover	10x10-inches	\$1,000
Full Page	10x10 inches	\$800
3/4 Page	7.5x10 inches	\$600
Half Page	Horizontal	\$400
	5x10 inches	
Fourth Page	Vertical	\$400
	10x5 inches	
Eighth Page	5x5 inches	\$200
	2.5x5 inches	
Sixteenth Page	2.5x2.5	\$50
	1 col.x1 inch	
Classified	(4 col. in. minimum=\$24)	\$50/Flat Fee
6 Month/1 Yr.-10% & 20% Discount!		

Aeolians Performance Set for HMA

The Aeolians of Oakwood University will perform in the Great Hall of the Huntsville Museum of Art at 2 p.m. on Sunday, February 5, 2023. Attending the performance is free, but seating will be on a first-come, first-served basis. Museum admission is required to enter the galleries and view our current exhibitions.

The Aeolians of Oak-

wood University was originally organized in 1946 by the late Dr. Eva B. Dykes. Since its inception, the choir has traveled widely, touching the hearts of both young and old with its inspirational singing. Aeolian concerts present a repertoire of choral music that ranges from the Baroque era to the twentieth century.

"Delusional pain hurts just as much as pain from actual trauma. So what if it's all in your head?"

- Octavia Butler



**Dedicated To You.
Delivering Results.**

Personal Injury | Auto Accidents | Probate & Estate Administration
Corporate Law | Real Estate Law | Divorce | Criminal Law

Contact Us

Phone: 256-533-1667

Fax: 256-533-1696

info@martinsonandbeason.com

www.martinsonandbeason.com
facebook.com/martinsonandbeason



No representation is made that the quality of the legal services to be performed is greater than the quality of legal services performed by other lawyers.



THE VALLEY WEEKLY

CHAMPION
GAME PLAN

PRESTON BROWN

IS GOD FIRST IN
YOUR LIFE?

Matthew 6:33 says, “But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

One of the things we need to realize is that God demands to be first in our lives. And, when we put Him first, it establishes His importance in our lives. If God is not Lord of all, then He is not Lord at all when it comes to our lives. For example, if your job

and your money are first in your life, then your job and your money are Lord of your life.

Now “Lord” is translated as Adonai, which is equivalent to ruler or master. So, if these things are ruling over your lives, then you have entered a dangerous place that is not God’s will for your life.

Anytime our will becomes greater than God’s will for our lives, it will eventually end in separation from God. That’s why it is important that we seek Him first so things

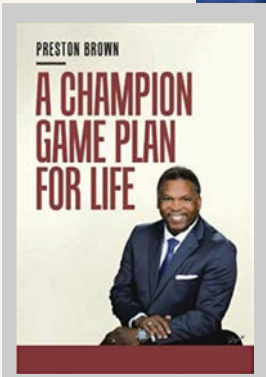
don’t get out of hand.

Now the definition of being first is “preceding all others in time and in order of importance.

That’s why God demands to be first, because He has blessed us so much. So, always remember that when we have total obedience it will produce total reward.

Also, whatever we decide to seek first, will always determine the quality of our lives.

Matthew 6:21 reminds us that “where your treasure is, there your heart will be



also.” So, those that place God first also have a heart that wants to please Him ... Stay encouraged, my brothers and sisters.

Make sure you purchase a copy of my book, “A Champion Game Plan for Life,” at amazon.com.

SHARE YOUR
VIRTUAL
FREE
COPIES
of
The Valley Weekly
Each Week!
Visit
ValleyWeeklyllc.com

FEBRUARY 3 - SEAN KINGSTON - KiSean Anderson is a Jamaican-American singer, songwriter, rapper and record producer whose first album, Sean Kingston, was released in 2007. Kingston was discovered on Myspace by Tommy Rotem at Beluga Heights, and signed to the label in a partnership deal with Sony.

- BlackCelebrityBirthdays.com

SERENITY
FUNERAL HOME

2505 University Dr. NW
Huntsville, Alabama 35816
(256)539.9693

A New Generation Of Service

Huntsville City Council Meetings

Huntsville City Council’s regular meetings are held in the City Council Chambers of the Municipal Building on the 2nd and 4th Thursday of each month at 6 p.m.

Council work sessions are also held in the Chambers of the Municipal Building on the 1st and 3rd Thursday of each month at 6 p.m.

For more information, call (256) 427-5011.

THE VALLEY WEEKLY

VALLEY
DEATHS

NELMS MEMORIAL FUNERAL HOME

2501 Carmichael Avenue NW
Huntsville, AL 35816 - (256) 539-8189

Funeral service for MR. ANDREW LACY, III (b. 1957) will be held Thursday, February 2, at Nelms Memorial Funeral Home Chapel with Pastor Dennis Jones officiating.

Funeral service for MRS. LINDA DONALDSON (b. 1952) was Wednesday, February 1, at Hopewell Missionary Baptist Church with Pastor Curtis Strong, Sr., Eulogist and Pastor James Battle, officiant.

Funeral service for MR. JOSHUA N. TURNEY (b. 1990) was held Saturday, January 28, at Nelms Memorial Funeral Home Chapel.

ROYAL FUNERAL HOME

4315 Oakwood Avenue NW
Huntsville, AL 35810 - (256) 534-8481

Funeral service for MRS. ELSIE LOUISE GAINES (b. 1939) will be 12 noon, Saturday, February 4, at Union Hill Primitive Baptist Church (2115 Winchester Road NW, Huntsville, Ala.) with Elder Oscar L. Montgomery, Sr officiating.

Funeral service for BABY BOY DMARR DETRELLE MAYES (b. 2022) was Tuesday, January 31, at the Royal Chapel of Memories.

Funeral service for MRS. EULASTEEN MUSE (b. 1930) was Monday, January 30, at the Fellowship Presbyterian Church (3406 Meridian Street, Huntsville, Ala.) with Reverend Gregory Bentley officiating.

Funeral service for MR. KERANDEZ JERELL ROMAN THOMAS (b. 1995) was Sunday, January 29, at the Royal Chapel of Memories with Pastor Tommie Foster officiating.

Funeral service for MS. TYESHA DESHAY LACEY (b. 1988) was Saturday, January 28, at the Syler Tabernacle Primitive Baptist Church (904 Oakwood Avenue, Huntsville, Ala.) with Pastor Tyson Burwell as the eulogist.

SERENITY FUNERAL HOME

2505 University Drive NW
Huntsville, AL 35816 (256) 539-9693

Funeral service for MR. WILLIAM SANDERS (b. 1945) will be announced at a later date. Please visit website for updates at www.serenityfuneralhm.com

THE VALLEY WEEKLY

VALLEY EVENTS

HAPPENINGS, ACTIVITIES & MORE!

BLACK HISTORY MONTH

February 4

"The Pre-Valentine's Day Sip, Shop & Sway Delta Markeplace" (\$10)
Sponsor: Huntsville Alumnae Chapter of Delta Sigma Theta Sorority, Inc.
National Speleological Society Center
6001 Pulaski Pike NW
Huntsville, Ala.
12-6 p.m.

February 7

"Garden Planning"
Nature Academy
Huntsville Botanical Garden
4747 Bob Wallace Avenue SW
Huntsville, Ala.
(256) 830-4447
10 a.m.-12 p.m.

February 10-18

"Too Much Light Makes

the Baby Go Blind"
Lowe Mill ARTS & Entertainment
Huntsville, Ala.
7-8:30 p.m.

February 11

Music Explorer's Club
Huntsville Symphony Orchestra
Mark C. Smith Concert Hall/Von Braun Center
Huntsville, Ala.
erica@hso.org
(256) 539-4818 - 10:15 a.m.

"ROUGE: A Go Red Event"

The Central North Alabama Alumnae Chapter,
Delta Sigma Theta Sorority Inc.
Fashion and Fun
The Jackson Center
6-10 p.m.

March 11

Rosetta James Foundation "Honoring Our Elders" Day Gala
Von Braun Center

South Hall
12 noon
www.rosettajamesfoundation.org
(256) 536-9717

March 25

Garden Prep for Spring
Huntsville Botanical Garden
4747 Bob Wallace Avenue SW
Huntsville, Ala.
\$35-\$60
10 a.m.-12 noon
www.hsvbg.org

Huntsville Havoc
"Military Night"
Von Braun Center
7 p.m.

April 1

The 3rd Annual Women's Expo Event
Von Braun Center
Huntsville, Ala.
11 a.m.-4 p.m.

April 3-9

Oakwood Alumni Homecoming
Celebrating the 3s and 8s

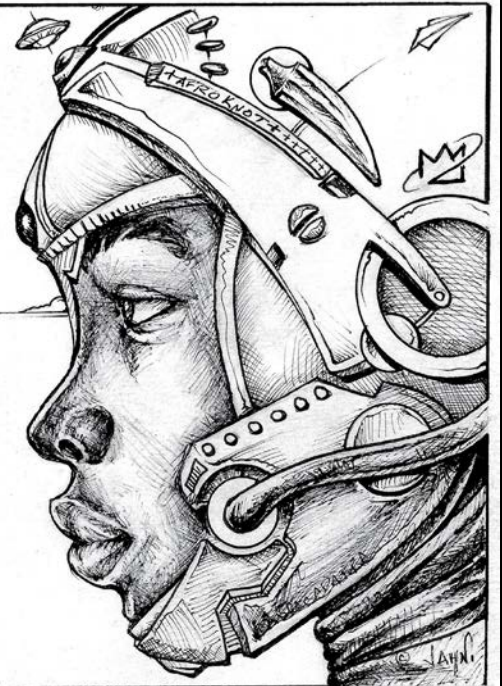
May 20

Rocket City BBQ & Soul Fest
6001 Pulaski Pike NW
Huntsville, Ala.
10 a.m.-11 p.m.

PowerShot

"No matter how far or difficult the journey, each calculated step, every act with intention, will bring you that much closer to your destination."

J. T. Moore



"Any unarmed people are slaves, or are subject to slavery at any given moment."

- Huey P. Newton

MAYHEM IS EXPENSIVE. ALLSTATE IS NOT.



JAMES F SMITH & ASSOCIATES
256-852-7310

415 CHURCH ST NW BUILDING B
HUNTSVILLE
jamesfsmith@allstate.com



Allstate

Subject to terms, conditions and availability. Allstate Property and Casualty Insurance Co. © 2013 Allstate Insurance Co.

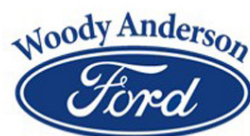
168974



Woody Anderson Ford

256-539-9441

www.WoodyAndersonFord.com
2500 Jordan Lane, Huntsville, AL



DRAKE STATE
COMMUNITY & TECHNICAL COLLEGE

drakestate.edu

Reimagine Your Future

The Fight ...

I love Title boxing shoes! I mean, I love them! When I am traveling, I always get asked in the airport, "Do you box?" I always smile and say, "No, I just love the design, and honestly, I've always had small legs, and it makes me feel like they look bigger. (not) I crack the joke that I have primary aged kids, and when they see I have them on, they know I am ready to knock them out if they act up. (facts)

However, whenever I lace them up, because it takes a bit of time to do that, I always think of the things I have to do for the day. I think about what I have to endure. That I genuinely fight for my life every day! I struggle with my idle thoughts if I ever get a minute to just stop. I am human, so I get thoughts of discouragement. I get negative thoughts about situations I am trying to resolve. Many things run through my mind that I literally have to fight off! Controlling my emotions is a constant battle. (I am highly emotional.) Being "wronged or mistreated" and accepting it for what it is without allowing it to affect me; battle! Getting my kids dressed in the morning and dealing with their different personalities is a battle. Getting up when I feel I haven't gotten enough rest, yet staying disciplined enough to workout; battling Life is a constant fight! So when I put on those shoes, I feel like I am suited up to handle my day! I am prepared for any obstacle that comes my way!

Now, this is a symbolic way of doing it. I obviously don't wear them to church, although I do wear them to work. Lol. But, mentally, I suit up for life every single day! Frequently, I think of the line in The Color Purple



where Sofia says, "All my life I had to fight!" Sometimes I giggle, just because of the delivery in the movie and Oprah's role, although it was a serious line. But then I remember the truth of that written line! All of our lives, we do have to fight!! We fight against our minds. The world's ways, which have become the "norm," are, as we all know, sinful. We fight with each other or with our stance as a government. We are in constant battle!

The Bible says in 1 Timothy 6:12 (KJV)

12 Fight the good fight of faith, lay hold on eternal

life, whereunto thou art also called, and hast professed a good profession before many witnesses.

This is speaking of Timothy's fight against false doctrine and sin. Fighting to not waver from the message from God and God's path for him!

This is a fight we all have. Staying disciplined (my favorite topic), sticking to our principles, doctrine (if you believe), goals, and schedule. Constantly fighting to stay on track.

So, I say to you: Develop a habit or ritual that you use to remind you that life

is a fight. This is a battle you want to win. Put on the whole armor of God! Prepare yourself for battle. If you aren't a believer, speak positively about yourself. Guard your thoughts, your words, and the people who surround you. Utilize self-discipline. God is just that ultimate piece of cover, but hey, it's your choice to utilize that!!

Win the fight! Go out strong!

Prepare yourself daily! We can do it! God loves you, and so do I.

He's given you a gift; open it ... and guard it!

BURRITT
ON THE MOUNTAIN

Come Discover the Magic on the Mountain!

No matter what time of year you explore Burritt on the Mountain, there is something delightful and new to see. And no matter how young – or old – you are, there is something for you on the Mountain! If you've never visited, you're in for a treat. If it's been awhile, what are you waiting for? Come on up and let the Magic begin!

NOW OPEN!

3101 Burritt Drive • Huntsville, Alabama 35801 • 256.536.2882
www.burrittonthemountain.com

OPEN: April–October: Tuesday – Saturday: 9 am – 5 pm & Sunday: noon – 5 pm
November–March: Tuesday – Saturday: 10am – 4pm & Sunday: noon – 4pm



Is Prayer in Your "National Breakfast" Menu for 2023?

On February 2, 2023, and on each first Thursday in February since the 1930s, Washington DC's Hilton Hotel and U.S. Congress members host the National Prayer Breakfast. It brings together top business, social and political leaders to pray.

With business, social and political upheavals eyeballing us daily, let's focus for these next three weeks on how now more than ever prayer needs to be your and my "national breakfast."

In many person's minds, our nation is plummeting to its lowest point. In 1989, when I was at my lowest point financially and emotionally, Mom and Dad sent me this pick-me-up quotation:

"Prayer is the answer to every problem in life. It puts us in tune with Divine wisdom which knows how to adjust everything perfectly.

"So often we do not pray in certain situations because from our standpoint the outlook is hopeless. But nothing is impossible with God.

"Nothing is so entangled that it cannot be remedied. No human relationship is so strained that God cannot bring about reconciliation and understanding.

"No one is so weak that he cannot be made strong; no one is so ill that he or she cannot be healed; and no mind is so dull that it cannot be made brilliant. "Whatever we need, if we trust God, He will supply it. And if anything is causing you worry or anxiety, let us stop rehearsing the difficulty and turn to God for Healing, Love, and Power."

I now share this message with you because it remains so powerful, personal, and portable. Read it, recite it and yes, even memorize it. I did, and it works. Every day.

Is prayer on your breakfast menu today? Next week, we'll talk about prayer's "secret sauce," and then conclude with a powerful example of prayer's results.



Tim Allston
Leadership Coach & Three-time
Amazon Best-Selling Author
Leading from the Middle
leadingfromthemiddle@gmail.com

OU Alum and Opera Soprano Visiting Chair at Major University

Opera soprano and Oakwood alumna Angela M. Brown is the first musician to be named a Delta Visiting Chair for Global Understanding at the University of Georgia (UGA).

The Delta Visiting Chair, established by the Willson Center through the support of The Delta Air Lines Foundation, hosts outstanding global scholars, leading creative thinkers, artists, and intellectuals who teach and perform research at UGA.

In the company of other



tah's Point of View," lead a vocal master class at UGA's Hodgson School of Music, visit and speak with a local high school, and moderate a discussion-lecture for music business students on navigating the artist and artist manager relationship.



luminaries who have held the Chair distinction, Brown is recognized for her impactful career and personal commitment to diversity in role models, performers, educators, and audiences in the performing arts.

As the Delta Chair, she will be in residence at UGA from February 20-24 to perform her signature show "Opera ... from a Sis-

"It takes courage to grow up and become who you really are."

- e. e. cummings -

NAAACC Meetings

The North Alabama African American Chamber of Commerce (Huntsville) meets monthly on the 3rd Tuesday at 12 noon.

The meeting location varies. Call (256) 564-7574.

AAMU Hires New AVP for Advancement and Branding

Aaron J. Thompson has been named assistant vice president for advancement and branding at Alabama A&M University. Thompson, whose appointment took effect January 17, will lead various fund development, marketing, alumni relations, and communications efforts for the University.

He comes to AAMU after serving as director of content development for athletics at the University of Texas at Austin since 2017.

At Texas, Thompson was responsible for several aspects of fan engagement for the Longhorns. His team executed industry-leading digital/social media advertising strategy; two custom redesigns of TexasSports.com; comprehensive ad campaigns across several sponsored and paid media partnerships; as well as website, mobile app and email marketing management for Texas Athletics and the Longhorn Foundation. Part of Texas' back-to-back National (NACMA) Marketing Team of the Year (2021 and 2022).

Thompson was instrumental in the development and implementation of innovative strategy leading to record-setting season ticket sales and philanthropic support for Texas Football, Men's Basket-

ball, Women's Basketball, Baseball, and Softball during his time in Austin. He was also a recipient of the Spirit of Texas Award for his leadership of various diversity, equity, and inclusion efforts. In 2020, he was tapped to launch the Longhorns' Together Texas initiative, creating a 30-point framework for Texas Athletics' response to the global call to action on social justice issues.

Thompson brings more than 15 years of experience across the higher ed landscape to Normal. Prior to Texas, he held marketing coordinator roles at both North Carolina A&T State University and NC State University after beginning his career at Jackson State University.



A native of Madison, Mississippi, Thompson holds a Bachelor of Science in communications from Jackson State University and a Master of Public Administration from the Bush School of Public Ser-

vice and Administration at Texas A&M University - College Station. He is a Life Member of the Jackson State University National Alumni Association and a brother of Alpha Phi Alpha Fraternity, Inc.



MARY F SPEARS, AGENT

**7833-A Highway 72 West
Madison, AL 35758**

**Bus: 256-837-8899 Fax: 256-837-8225
mary.spears.cffc@statefarm.com**



THE FUTURE OF FREEDOM
ALL-ELECTRIC MUSTANG MACH-E

TEST-DRIVE IT TODAY!

Woody Anderson Ford
256-539-9441 | www.WoodyAndersonFord.com
2500 Jordan Lane Huntsville, AL 35816



Rosetta James Foundation Salutes
Its Growing List of ...

2023 Sponsors



- Rep. Anthony Daniels
- Fashionably Greek
- Dr. R. Parker Griffith and the Griffith Family Foundation
- First Missionary Baptist Church
- Huntsville Utilities
- Loving Spaces
- Nelms Memorial Funeral Home
- Redstone Federal Credit Union
- TMT Group Inc.
- Van Valkenburgh & Wilkinson Properties

- Kimberly Blanding
- Lettye A. Boyd
- Dr. Mary S. Brown
- Mr. & Mrs. Robert Bullard
- Dr. Katie Byrd
- Stacy Cantrell
- Laura F. Clift
- Mr. & Mrs. Allen Cothron
- Mike Counts
- Jerry & Butch Damson
- Eugene & Annie Dickerson
- J.F. Drake State Comm. & Tech. College
- Mr. & Mrs. Cedric Etheridge, Sr.
- Dan & Dana Farmer
- Rufus Gilmore
- Dr. & Mrs. Harry Hobbs
- Bill & Dorothy Huston
- James Huston
- Katie Huston
- William & Tu Vy Huston
- Mr. & Mrs. McKinley James
- Phyllis Jordan
- Dr. Ernest Knight
- Carl Lewis
- Dr. Harriett Littlepage

- Rosalyn Mathis
- Jacqueline McGlathery
- Mary Mitchell
- Dr. Deidre Paris Padgett
- Samantha Pepper
- Attorney & Mrs. David C. Points, Jr.
- Dr. & Mrs. W. Temple Richie
- Dr. Annie Grace Robinson
- Debra Scruggs
- Arthurine Shackelford
- Bettye Showers
- Quennis Stevenson
- Mr. & Mrs. Allie Swann
- Jordan Tippit
- V. L. Thomas
- Georgia S. Valrie
- Mary Vickers
- Dr. & Mrs. Arthur Walker
- Michelle Watkins
- Xantheia Watkins
- Mr. & Mrs. Robert Wilson
- Craig White
- Gary T. Whitley Jr.
- Trevite Willis

Rosetta James Scholar Excels on Basketball Court

Rosetta James Foundation Scholar, Kuran Garner, is a junior point guard for the University of West Alabama Men's Basketball team. Before Kuran took his basketball talents to Livingston, Ala., the Madison County native played for Buckhorn High School. In a recent game against UAH, Kuran posted 28 points to lead UWA to a win over the Chargers. Named the Jack's Player of the Week in late January, Kuran is not only a skilled basketball player, but a student athlete who is committed to serving his community. At UWA, Kuran is majoring in

Sports Management. When asked about the scholarships that he has received from the Rosetta James Foundation, he stated, "Because of the Rosetta James Foundation I am able to focus on my school work and perfecting my game while still making time to volunteer. I don't have to worry about having a balance at school because I have this scholarship. Hopefully, once I graduate I will be able to give back to the Foundation and



help someone else in the future." Annually, the Rosetta James Foundation hosts the "Honoring Our Elder's" Day Gala, which recognizes local community elders, age 70+ who are still actively volunteering. The proceeds from the event fund scholarships to local student volunteers. Donations to the Rosetta James Foundation may be sent to P.O. Box 17452, Huntsville, AL 35810 or online at www.rosetta-jamesfoundation.org.

Diabetes and Heart Disease: 4 Key Numbers

If you have prediabetes or type 2 diabetes, there is a good chance you may also have high cholesterol, high blood pressure along with high blood glucose—also known as blood sugar. You are also likely to be overweight or obese.

All of these factors put you at an increased risk of developing heart disease and other diabetes-related complications. Adults with diabetes have heart-disease-related death rates about two to four times higher than adults without diabetes. A history of heart disease in your family also increases your risk.

While you can't change the fact that diabetes or heart disease runs in your family, there are ways to ward off the damage. Care-

ful monitoring of blood cholesterol, blood pressure, blood sugar, and weight is the first step. The four important numbers include the

following: 1) Cholesterol Numbers; 2) Belly Fat Numbers; 3) Blood Pressure Numbers; and 4) Blood Sugar Numbers. - BlackDoctors.org

CLOSING RECEPTION & ARTIST TALK
February 2 | 5:30 PM | ACA Main Gallery
DECATUR

RED EARTH INVOCATION
FEATURING ARTWORK BY JOHN "JAHNI" MOORE

Albert's Flowers
Located Downtown in Medical District; Closest Florist to Huntsville Hospital
Free Delivery to Huntsville Hospital and Local Funeral Homes
716 Madison Street - Huntsville, AL 35801
FLOWERS, GIFTS, EXOTIC FLOWERS
Graduate of
American Floral Art School
256-533-1623
256-536-6911
www.albertsflowers.com

This Sunday's Lectionary
Sunday, February 5, 2023
Fifth Sunday After the Epiphany

(Track 2, Year A)
Isaiah 58:1-9a, [9-12]
Psalm 112:1-9,10
1 Corinthians 2:1-12, 13-16
Matthew 5:13-20

Black History Month Special

Alabama A&M University Chronology



Alabama. School site becomes known as Normal, Ala., and a post office is established. Students are called "Normalites."

1891 - Designated a land-grant college through legislative enactment February 13. On September 30, the present site is purchased (182.72

acres). The school expands to include agriculture and home economics; Palmer (named for State Superintendent Solomon Palmer) and (Governor Thomas) Seay Halls are built with student labor.

1893 - First night school is held. First alumni meeting held.

1894 - Trade education diplomas authorized. First trade certificates awarded (10).

1896 - Name changes to The State Agricultural and Mechanical College for Negroes.

1897 - Art Painting Department added to curriculum.

1901 - First honorary degree awarded.

1903 - Blues great W. C. Handy leaves as band director.

1909 - "Service is Sovereignty" motto introduced; Councill dies at 61. Walter Solomon Buchanan becomes president. Farmers Conference begins.

1910 - Football program begins.

1911 - McCormick (Hospital) Hall and Councill Domestic Science Building erected.

1912 - First baseball game.

1920 - President Buchanan resigns, disillusioned with the state's stance toward the institution. Theophilus Robert Parker became third president.

1927 - Joseph Fanning Drake becomes fourth president and institutes a massive building program.

1929 - Construction of Bibb Graves Hall.

1939 - State Board of Education gives authority to offer

course work on the senior college level.

1949 - Name changed to Alabama A&M College.

1954 - Councill Federal Credit Union established.

1962 - Richard David Morrison becomes fifth president.

1963 - AAMU becomes fully accredited by the Southern Association of Colleges and Schools.

1969 - State Board of Education adopts a resolution to change name to Alabama A&M University.

1970 - Office of Alumni Affairs established. Phillip L. Redrick becomes first director. 1975 - University observes its Centennial. Elmore Health Sciences Building constructed. 1977 - Volleyball for women begins. NCAA soccer championship.

1981 - Desegregation case begins.

1984 - Dr. Douglas Covington becomes AAMU's sixth president.

1985 - AAMU signs memorandum of understanding with Kansas State University/USAID.

1986 - Former Congresswoman Shirley Chisholm addresses "Women's Week" activities. University announces approval of Ph.D. program in physics. Department of Mathematics receives NASA research grant.

1987 - Dr. Carl Harris Marbury is named Interim President.

1989 - Carl Harris Marbury becomes seventh president.

1990 - The University holds its first Grand Reunion, initiated by Dr. Carl Harris Marbury and Georgia S. Valrie, Director of Alumni Affairs.

1991 - Board of Trustees names Dr. Alan Lee Keyes as Interim President.

1992 - Dr. David Bernard Henson becomes eighth president. First AAMU Athletic Hall of Fame induction held.

1994 - Mamie Labon Foster Student Living/Learning Complex erected. First African-American Ph.D. recipients in physics. Alum Howard Ballard joins Seattle Seahawks. University's SACS accreditation reaffirmed.

1995 - Groundbreaking held for new School of Business facility; Louis Crews Stadium and residence hall construction begins. Master of Social Work Program accepts first students. Dr. Virginia Caples, vice president for academic affairs, becomes the first woman to head (as Interim President) the University in the school's 120-year history.

1996 - Dr. John T. Gibson is named 9th President in July. AAMU launches Councill Challenge Campaign. Football games return to campus.

1997 - Unified Cooperative Extension System unveils new logo. Patrick Grayson makes USA Today All-USA Academic First Team. Filmmaker Spike Lee visits. AAMU joins Southwestern Athletic Conference (SWAC). AAMU welcomes first Nobel Laureate for the Annual Putcha Venkateswarlu Memorial Lecture in Physics.

1998 - Ryan Swain makes USA Today All-USA Academic First Team. Nobel Laureate series begins under coordination of physicist Ravi B. Lal.

1999 - AAMU Research Institute begins operations.

2000 - AAMU observes its 125th anniversary celebration in January.

2001 - AAMU's fundraising efforts earn it the distinction of lead institution in the Tom Joyner Foundation/HBCU program. First Black-Tie Scholarship Ball held. Accreditation reaffirmation announced and earth work

begins on long-awaited School of Engineering and Technology (NSBE founder Arthur J. Bond is founding dean); library renovations underway; athletic complex expands.

2002 - Learning Resources Center renovations completed. Social Work re-accredited. Forestry gains national accreditation. Normal Hill renovations extensive. Councill Challenge Campaign goal reached.

2003 - New School of Engineering and Technology Building opens for classes in January. Activist Mary Frances Berry addresses Commencement. Fourth doctoral program in Reading/Literacy announced. AAMU researchers study volcanic ash on island of Montserrat. HSCaRS hosts study on interaction between land surface and the atmosphere. AAMU offers training on multi-million dollar EDS software. Normalite Ruben Studdard named "American Idol." Robert Mathis joins Indianapolis Colts. AAMU students launch first balloon with payload in space.

2004 - Councill Federal Credit Union celebrates 50th anniversary. Councill Memorial Statue unveiled in October. **2005** - Board brings back Dr. Virginia Caples to serve as Interim President following vote to remove Gibson as President.

2006 - Dr. Robert R. Jennings becomes 10th President in January. First Presidential Medallion awarded to entrepreneur Randal Pinkston. Massive presidential community outreach effort begins. Washington Monthly lists AAMU as one of the Top 30 national universities. Student VIP dining area started. Fall Commencement exercises established. Tuskegee Airmen honored.

2008 - Dr. Beverly Edmond begins tenure as Interim President. Construction of Student

Wellness Center and bus transit station begins. Dairy Team earns regional contests and lures national conference. Sculpture by Lazarus Takawira donated to AAMU.

2009 - AAMU Lecture Series begins. School of Education revitalizes recruiting efforts. Dr. Andrew Hugine, Jr., becomes the 11th President on July 16. Financial plan developed to address financial concerns. Academic units reorganized. AAMU removed from SACS' sanction in December.

2010 - Restructured institutional advancement leadership for broader focus on marketing and communication. Instituted the Normal Legacy Society to recognize life-time contributions of \$100,000 or more to the university. Hosted the 2010 White House Initiative on Historically Black Colleges and Universities. National Poultry Conference jointly sponsored by two United States Cabinet members: U.S. Attorney General Eric Holder and U.S. Department of Agriculture Secretary Tom Vilsack.

2011 - Advances in fundraising reported. Established the "Service is Sovereignty" Society to formally recognize employees who have provided 30 or more years of service to the University.

2012 - New turf for Louis Crews Stadium installed. Release of President's Report. Meetings of board change to four times a year. Degree programs established in biomedical engineering, nuclear engineering and plant biotechnology.

2013 - AAMU hosts 75th anniversary of Alpha Kappa Mu National Honor Society.

2022 - Daniel K. Wims becomes 12th president on January 1. Event Center and Welcome Center opened.

1873 - A bill is approved in the State Legislature for the establishment of the "Colored Normal School at Huntsville," a school devoted to the education of black teachers.

1875 - Peyton Finley introduces twin bills in the State Board of Education for the establishment of four "normal" schools for whites and four for blacks. William Hooper Councill founds Alabama A&M University. On May 1, the school at Huntsville opens with a state appropriation of \$1,000, 61 pupils and two teachers. The school's first location is on Clinton Street. **1878** - The state appropriation increases to \$2,000.

1881 - Institution moves to first school-owned property on West Clinton Street (the land upon which Von Braun Center is now located) known as the "Dement Place."

1882 - Shop courses are introduced to the curriculum in the fall (e.g., carpentry, printing, mattress-making, horticulture, sewing, etc.)

1883 - Industrial training begins.

1884 - Property on West Clinton Street is deeded to the State of Alabama by trustees.

1885 - Name changes to State Normal and Industrial School of Huntsville; state appropriation increases to \$4,000; building erected for industrial training through \$1,000 grant from the Slater Fund.

1890 - Students number 300; teachers, 11. Designation as a Land-Grant College of