

Taking the Stress out of Your Valentine's Day, p. 8

Deltas Holding 'Rise Against Hunger,' p. 5

Influential Living, p. 7

"Sometimes love blinds us, other times it lets us see." - George Bernard Shaw

The Valley Weekly

Friday

February 14, 2020

Vol. 6, No. 23

ValleyWeeklyllc.com



United Women of Color Push Series on Voting, Minorities

In honor of Black History Month, United Women of Color will host its second session in the "Beyond the Rhetoric" discussion series on Tuesday, February 18, at 6 p.m.

This community conversation will be held at the Huntsville Madison County Public Library, 915 Monroe Street SW in Downtown Huntsville. The event is open to all races and genders and is free to the public.

There will be a special presentation by Huntsville City Council President, Devyn Keith. In addition, panelists will include: Dr.



Aisha Fields, International Director for All African People's Development & Empowerment Project (AAPDEP); John Meredith, Syndicated Political Columnist; Hanu Karlapalem, Chair of Asian American and Pacific Islanders Caucus for the Alabama Democratic Party; Yalitz LaFontaine, Director of Operations for AshaKiran; and Kurtistyne White, At Risk Teen Coordinator with Decatur Youth

Services.

The conversation will be moderated by Angela Curry, executive director of United Women of Color, and Jamah Myhand of Myhand Media. The public will have an opportunity to ask questions.

This event will be a roundtable to discuss several topics affecting black and brown voters and non-voters alike. The "Beyond the Rhetoric" discussion series is giving voice to and addressing issues that primarily and directly impact communities of color. It provides resources at each event which allow attendees to leave with tools

which can provide desired outcomes for themselves and their families.

The mission of the United Women of Color is to unite women of all ethnicities to invest in the civic, social and financial well-being of women, girls, and families.

One of the ways UWC aims to assist in improving self-sufficiency and to increase civic engagement is to engage the community in conversations about subjects important to day to day living.

For more details, please contact Angela Curry at (256) 527-1013.



BLOOMBERG PRESENCE: Patrick Grayson (left) and campaign enthusiasts celebrate the opening of the Mike Bloomberg for President Campaign Office in Huntsville, Ala. Bloomberg was born February 14, 1942, in Medford, Mass. He served as mayor of New York City from 2002-13.

League of Women Voters Schedule Feb. 26 Meeting

The League of Women Voters of Tennessee Valley will meet Wednesday, February 26, at the Downtown Huntsville Public Library, 915 Monroe Street, SW, Huntsville, Ala., from 5:30-7:30 p.m.

In addition to celebrating LWV's 100th anniversary, the group will discuss the topic, "Redistricting in Alabama and the Voting Rights Act" (presented by Robin Buckelew) and "Super Tuesday Ballot Amendments (presented by Bryan Lorge).

For more information, call (256) 829-8416 or e-mail govote17@gmail.com.

The Valley Weekly

INSIDE THIS ISSUE!

Rosetta James Scholarships, Page 2
Playing the Trump Card, Page 4
Valley Deaths, Page 6
A Good Read, Page 6
Spotlight on Our Elders, Page 7
Ticketed for LUI, Page 7
Valentine's Stressors, Page 8

RFCU, AARP Offering Tax Prep

Do you need help preparing your taxes? AARP Foundation Tax-Aide provides free tax preparation assistance. Redstone is partnering with AARP as a host site for this program.

Assistance is available by appointment only at all nine AARP Tax Foundation sites. To make appointments for the Redstone Atrium location, call (256) 513-8291.

Tax preparation sessions at Redstone will be held every Saturday from February 1 through April 11 from 9 a.m. until 4 p.m. at The Atrium at Redstone Federal Credit Union®, 220 Wynn Drive, Huntsville, Ala.

To make appointments for other Madison County site locations near you, click here for phone numbers and days of operation.

Even if your taxes are somewhat complicated, the AARP team is IRS-certified and will make it easy for you. There is no fee or sales pitch for other services, and AARP membership is not required.

Rosetta James Foundation Scholarships Open

The Rosetta James Foundation (RJF) is accepting applications for its annual scholarship award program until Friday, February 21. Awards will be presented at the "Honoring Our Elders" event at 12 noon on Saturday, March 14, at The Jackson Center, 6001 Moquin Drive, in Cummings Research Park.

The scholarships are awarded to deserving students who are committed to community volunteerism as part of their college experience. Scholarships are not awarded to graduate students.

E-mail: info@rosettajamesfoundation.org; or Mail by Friday, February 21, to: Gary T. Whitley, Jr., Rosetta James Foundation Scholarship Chair, P.O. Box 17452, Huntsville, AL 35810.

For additional information and a detailed list of criteria, visit rosettajamesfoundation.org.

RJF Endowed Scholarships:

Dr. Charles E. Cannon Scholarship (Alabama A&M University);

Mr. & Mrs. Jerry (Butch) Damson Scholarship Fund;



McKinley James Scholarship (J.F. Drake State Community and Technical College);

Rosetta James Scholarship for Alabama A&M University;

Dr. Harriett Littlepage Scholarship Fund for Alabama A&M University;

Vanessa Williams McCarthy "Yes I Can" Memorial Scholarship for Alabama A&M University;

Marco McMillian Memorial Scholarship;

The Pugh-Slater Scholarship Fund (J.F. Drake State Community and Technical College);

Kenneth Ellington Smoot, Sr. Memorial Scholarship (J.F. Drake State Community and Technical College).

Huntsville City Council Meetings

Huntsville City Council's regular meetings are held in the City Council Chambers of the Municipal Building on the 2nd and 4th Thursday of each month at 6 p.m.



City Council work sessions are also held in the Chambers of the Municipal Building on the 1st and 3rd Thursday of each month at 6 p.m. People can sign up for notices of Council meetings and special sessions online at <https://signup.e2ma.net/signup/1825550/1780821/>

For more information, call (256) 427-5011.

Anniversary CD Special

1.75% APY

16 month*

ProgressBank.

celebrating 12 years

Visit myprogressbank.com or
call 888.513.2288 for more details

*APY (Annual Percentage Yield) is effective as of January 8, 2020 and is subject to change at any time. Minimum balance required is \$10,000. CD interest will be calculated on a 365 day basis, compounded daily and paid monthly with a transfer into a Progress Bank checking, savings or money market account or interest can be added to the CD balance each month. APY assumes interest is credited to the account monthly. Withdrawals of interest will reduce earnings. Account is not available for public funds or institutional deposits. A penalty (equal to 90 days of interest) will be imposed if you withdraw any or all of the principal before the maturity date. CD will renew automatically at the rate in effect for Progress Bank 18 month CD at the time of maturity. Limited time offer – ends April 10, 2020.

Member
FDIC

In Recognition of Modern Day Black History



Alice Marie Johnson

Alice Marie Johnson Now a 63-year-old great-grandmother and an ordained minister, Johnson was convicted in 1996 for a first-time nonviolent drug trafficking crime. As a result of the mandatory sentencing laws of the time, she received a life sentence and was expected to live out the rest of her days behind bars. She has a new book of her life's experience "After Life". Her story caught the attention of Kim Kardashian and with Kim's help she was given clemency by the President after 21 years.

Tickets @ Eventbrite

<https://alicejohnsonhsv2020.eventbrite.com>

Product tables available



THURSDAY, FEBRUARY 27th 2020
VBC SOUTH HALL
700 Monroe Street SW, Huntsville AL 35801
Doors Open @ 5pm Event Time 6pm

Two Powerful Meetings - Two Locations

FRIDAY, FEBRUARY 28th 2020 10am
Breakfast With Alice (Limited Seating)
Huntsville Marriott At The Space & Rocket Center
Tranquility Base Huntsville, Alabama 35805
FOR INFO 256-721-4595 EMAIL EDGEMWC@YAHOO.COM

A PORTION OF PROCEEDS GO TO: HUNTSVILLE
BOYS AND GIRLS CLUB, KIDS TO LOVE

Rosetta James Foundation

Congratulates and Extends Best Wishes to ...

Our Stellar Class of 2020



**Mrs. Edna E.
Davis Brown**



**Mrs. Maureen
Davis Cathey**



**Mrs. Ida
Crawford**



**Mrs. Gloria
Dawson**



**Mrs. Ruby
Dickson**



**Mrs. Bettye
Dixie**



**Mrs. Sarah
Drake**



**Mrs. Ruby
Ford**



**Parker
Griffith, M.D.**



**Mrs. Bhavani
Kakani**



**Mr. Richard
Knight**



**Dr. Prince
Preyer**



**Dr. Horace
Rice**



**Mr. LaVern
Spearman**

*Recognizing Active Volunteerism
Among Leaders 70 Years or Older*

SAVE THE DATE!

The 14th Annual Rosetta James
“Honoring Our Elders”
Celebration Banquet

Saturday, March 14, 2020



P. O. Box 17452

Huntsville, AL 35810

(256) 536-9717

www.rosettajamesfoundation.org

Where to Find Your
FREE Copies of
The Valley Weekly

AAMU Office of Public Relations

Albert's Flowers

Betty Mae's Restaurant

Bob Harrison Senior Wellness Center

Briar Fork CP Church

Bryant Bank - Church Street

Chester's Barber Shop

Depot Professional Building

Dollar General Market (Blue Spring Rd.)

Dunkin Donuts

Eagles' Nest Ministries

Fellowship Presbyterian Church

First Missionary Baptist Church

Health Unlimited

House of Hope and Restoration

Huntsville Bible College

James Smith AllState Agency

Jeff's Barber Shop

Kim's

Kroger's - Oakwood Avenue

Lakeside United Methodist Church

Lucky's Supermarket

Marshall England - State Farm Agent

Martinson & Beason, PC

Nature's Apothecary - Health Food

Nelms Memorial Funeral Home

Oakwood University Post Office

Oakwood University SDA Church (OUCSDA)

Oakwood University Eva B. Dykes Library

OUCSDA Family Life Center

Regency Retirement Village

Rocket City Barber Shop

Sav-A-Lot

Sneed's Cleaners

The Fellowship of Faith Church

Union Chapel Missionary Baptist Church

Woody Anderson Ford

Perspectives on EGO-holism

by tim allston

Dems Continue Playing Their “trump card”: The Republican Ricochet

“Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap” Galatians 6:7, NKJV.

Double Trouble?

Although Trump was acquitted by the Senate, the House Democrats may have the last laugh. On both Trump and Senate GOPs.

Undeterred by that Senate vote, Dems will continue playing their “trump card,” the Republican Ricochet: bounce its messages off Senate GOPs and onto American voters, until the nation’s



November 4th Senate and presidential elections.

Drip ... Drip ... Drip ...

January’s Senate impeachment trial was just the early midpoint of the Dems’ “the steady dripping wears away the stone” stratagem:

- (December) The House impeached the first-ever first-term Trump, with Speaker Nancy Pelosi’s “You’re impeached forever, you’re never getting rid of that scar” declaration;
- She delayed delivering the impeachment articles to the Senate, pushing for witness testimonies and documents;
- (January) The delay allowed more Trump insiders Lev Parnas, John Bolton and John Kelley to surface;
- 75% of the general public - and 49% of identified GOPs - wanted witness testimonies;
- For two weeks, the seven Democratic House managers ricocheted their Trump charges off the Senate and into approximately 7.8-11 million TVs worldwide;
- (February) Trump was denied his coveted “acquitted” label until after his Super Bowl and State of the Union appearances before 102 and 34.2 million TV viewers, respectively; and
- House Judiciary Committee chair Jerry Nadler plans to subpoena Bolton to testify, which the Senate denied.

Dire Warning?

It seems as though those 52 acquitting GOP senators failed to hear and heed their Chaplain and ‘70 Oakwood College graduate, Dr. Barry Black, when he prayed opening their January 31st session, “Lord help them to remember, that they can’t ignore you and get away with it. For we always reap what we sow.”

Life Coach tim allston is the author of the free book, *7 Steps to Manage Ego Problems: The How-to Guide for “Someone Else,”* downloadable now at www.GetEgo-HelpNow.org.

The Valley Weekly Calendar of Events

February 10-17
Surplus Property Sale
Calhoun Community Col-
lege
www.govdeals.com
8 a.m.

February 21
Meeting of Alabama
A&M University Board of
Trustees
Clyde Foster Auditorium
10 a.m.

February 28
Gospel Fest
Huntsville Campus
Calhoun Community Col-
lege/Student Center
Sparkman Building
Huntsville, Ala. - 6 p.m.

March 6-8
HudsonAlpha Tech Chal-
lenge
Contact: Aurielle Ander-
son, AcclinateGeneics, at
(256) 435-2800

March 11
Jill Scott in Concert
Von Braun Center Concert
Hall

March 14
Rosetta James Founda-
tion Honoring Our Elders
Celebration
The Jackson Center
\$50- (256) 536-9717
12 noon

March 27
Trevor Noah
“Loud & Clear”
Von Braun Center Concert
Hall

April 21
Scale Back Alabama Final
Event



COMMISSIONER FORUM: *The Madison County Chapter of the Alabama New South Alliance held a Community Vision Candidate Forum and meet & greet for the Madison County Commission District 6 candidates on February 4 at The Fellowship of Faith Church in Huntsville, Ala. Pictured above (l-r) are: JesHenry Malone, Vernon McCants and Violet Edwards. For more information, contact alabamanevnewsouthhuntsville@gmail.com.*

W&A

WOMACK & ASSOCIATES LLC

“Partnering With You to Make Informed Decisions”

*Comprehensive Financial Planning *Estate Planning *Accounting Services
*Tax Planning and Preparation for Individuals, Businesses, Estates and Trusts

To learn more contact us:

Lori A. Womack, CPA/PFS, CFP®

Managing Member

lwomack@womackassociatesllc.com

4650 Whitesburg Dr S, Suite 101

Huntsville, Alabama 35802

256-534-1360



MARTINSON & BEASON, PC

ATTORNEYS AT LAW SINCE 1937

**Dedicated To You.
Delivering Results.**

Personal Injury | Auto Accidents | Probate & Estate Administration
Corporate Law | Real Estate Law | Divorce | Criminal Law

Contact Us

Phone: 256-533-1667

Fax: 256-533-1696

info@martinsonandbeason.com

www.martinsonandbeason.com
[facebook.com/martinsonandbeason](https://www.facebook.com/martinsonandbeason)



No representation is made that the quality of the legal services to be performed is greater than the quality of legal services performed by other lawyers.

Local Group Hosts 'Rise Against Hunger' Event

The Huntsville Alumnae Chapter of Delta Sigma Theta Sorority, Inc., will host its 6th Annual Rise Against Hunger food packaging event on April 18, at 1 p.m. at the Omega Center, 181 Import Circle, Huntsville, Ala..

The sorority invites the community to participate in this very meaningful and worthwhile project to help feed hungry families around the world.

This event is packed and full of fun, as volunteers of all ages work together to package items such as rice, soy protein, dried vegetables and essential vitamin and mineral packets for shipment. The meal packages are distributed to orphanages, schools, medi-

cal clinics, and countries experiencing natural disasters in desperate need of these meals. The Huntsville Alumnae Chapter plans to expand its reach by funding and assembling a minimum of 30,000 meals within two (2) hours.

At just \$0.34 per meal, no gift is too small. Each donation will make a difference in the lives of children and families around the world. Sponsorship levels: Neighbor: \$34 buys 100 meals; Friend: \$170 buys 500 meals; Advocate: \$340 buys 1000 meals; Champion: ** \$680 buys 2000 meals

Visit www.dsthuntsville.org or <http://events.rise-againsthunger.org/DST-Huntsville2020> to register

and to contribute to this life changing event.

For additional information, contact the International Awareness and Involvement Committee chairs, Tiffany Hoggan and Carla Parker at icc@dsthuntsville.org.

The mission of Rise Against Hunger is to end hunger in our lifetime by providing food and life-changing aid to the world's most vulnerable and creating a global commitment to mobilize the necessary resources.

The Huntsville Alumnae Chapter of Delta Sigma Theta Sorority, Inc., chartered in 1954, has a rich legacy of providing service throughout the entire county of Madison.

Champion Game Plan for Life *by Preston Brown*

ACTIONS SPEAK LOUDER THAN WORDS

In James 1:22, it says, "Do not merely listen to the word, and so deceive yourselves. Do what it says."

You know, when we look at our lives it's easy to say that we are Christians, but that is not enough. If we are truly Christians, our lives and our actions should show it. Now, we all have bad days sometimes. It can happen to the best of us. Remember, even people with "great faith" can have weak moments. But for the majority of the time, people should know who we are and who we represent. In


other words, if you were accused of being a Christian, would they have enough evidence to convict you.

Now, the main idea that James is trying to



bring home in this text is, Christianity is not about what we think or say, it is about what we do. It's about our actions that matter. There are three main

things that James points out in the text that we as Christians must do. First, we must control our tongues. Then we must have a compassionate spirit. Someone who is actually willing to help another person that is in need. Not just say, "I hope things get better for you". And, finally we need to live a clean life. True Christians are people who live in the world, but will not let the world live in them. Even though we are all sinners, true Christians are commanded to live upright and moral lives, and we can only achieve this through practicing what we preach ... Stay encouraged, my brothers and sisters!



SERENITY
FUNERAL HOME

2505 University Dr. NW
Huntsville, Alabama 35816
(256) 539.9693

A New Generation Of Service

Make Your Gift A **WINNER** This Year!



The Houndstooth Card[™]
PRE-PAID GIFT CARD

BRYANT BANK

HOUNDSTOOTH CARD FEES & RESTRICTIONS: \$20 minimum per card; \$500 maximum. \$5 per month inactivity fee after 12 months. \$5 reissue fee. Some restrictions may apply. Purchase and use of gift card subject to certain fees & the VISA Gift Card Terms & Conditions. Contact your local Bryant Banker for more details.

JERRY DAMSON

HONDA **ACURA**



satisfaction

visit us online at damson.com

Unsure whether you can retire? Let's talk.



Lillian B Henderson
Financial Advisor

5045 Memorial Parkway Nw Ste E
Huntsville, AL 35810
256-852-5591

Edward Jones
MAKING SENSE OF INVESTING

Valley Deaths

NELMS MEMORIAL FUNERAL HOME - 2501 Carmichael Avenue NW - Huntsville, AL 35816 - (256) 539-8189

Funeral service for **MR. CYRIL NEMBARD** (b. 1928) will be Thursday, February 13, at 12 p.m. at the First Seventh-day Adventist Church, 1303 Evangel Drive, Huntsville, Ala.

Funeral service for **MRS. VERA R. DAVIS** (b. 1939) was held Saturday, February 8, at Pine Grove Missionary Baptist Church with Pastor Damon Betts officiating.

Funeral service for **MADAME ELUCIE SENATUS** (b. 1928) was held Friday, February 7, at the C.T. Richards Chapel in the Mosley at Oakwood University (5500 Adventist Blvd. ~ Huntsville, Ala.).

ROYAL FUNERAL HOME - 4315 Oakwood Avenue - Huntsville, AL 35810 - (256) 534-8481

Funeral service for **MR. RAYMOND JOSEPH WILLIAMS** (b. 1928) will be held at 11 a.m., Monday, February 17, at Saint Joseph Catholic Church (2300 Beasley Avenue NW, Huntsville, Ala.) with Father Joseph Lubrano officiating.

Funeral service for **MOTHER PARTHENIA MADDEN** (b. 1938) was held Wednesday, February 12, at Union Chapel Missionary Baptist Church (315 Winchester Road, Huntsville, Ala.) with Dr. O. Wendell Davis officiating.

Funeral service for **MRS. BEATRICE MAYFIELD RUSSELL** (b. 1950) was held Sunday, February 9, at Royal Chapel of Memories (4315 Oakwood Avenue NW, Huntsville, Ala.) with Bishop Dexter Elston officiating.

Funeral service for **MRS. LULA GULLETTE JONES** (b. 1934) was held Saturday, February 8, at Fellowship Presbyterian Church (3406 Meridian Street North, Huntsville, Ala.) with Pastor Gregory J. Bentley officiating.

Funeral service for **MRS. SUSIE FLETCHER RICE** (b. 1924) was held Saturday, February 8, at Union Hill Primitive Baptist Church (2115 Winchester Road, Huntsville, Ala.) with Dr. Oscar L. Montgomery officiating.

SERENITY FUNERAL HOME - 2505 University Drive NW - Huntsville, AL 35816 - (256) 539-9693

Funeral service date was incomplete at press time for **MRS. ESTELLE AYERS-PARIS** (b. 1931).

A Good Read



by Jerome Saintjones



Lynn Sharon Schwartz's "The Trip to Halawa Valley"

A divorced couple attend the wedding of their prosperous son in Hawaii, staying at the former's place as the younger couple enjoys its wedding night at another location.

Spending time alone together for the first time in four years, the mother and father of the groom get an opportunity to review their lives and the problems that negatively impacted their other three children.

Now that their adult children were either dead, in a same-sex relationship or had joined a religious cult, the two began to ponder whether their lives would actually fare better together or apart. They attempt to explore the island, rekindle the flames during a physical rendezvous. By story's end, the two make the long trip back to the mainland and silently split again.

WOODY ANDERSON



HENRY'S MUSTANG CAFÉ
2500 Jordan LN NW ~ (256) 517-1288

BREAKFAST SERVED
M-F 6:30AM - 11AM
SATURDAY 7:00AM - 11AM

LUNCH SERVED
MONDAY THRU FRIDAY
11:00AM UNTIL 2:00 PM



Buy One
Get One **50% OFF**

To Redeem: Bring in this coupon and present at time of purchase.
Restrictions: Not valid with any other offer, promotion or discount. Tax and gratuity not included. One discount per ticket.



Ivory W. Reedus, LUTCF

Agent

AL #A-058076

New York Life Insurance Company

720 Gallatin Street, SW - Suite 200

Huntsville, AL 35801

Tel: 256-517-5922 Direct

Tel: 256-852-7328

Fax: 256-593-1842

ireedus@ft.newyorklife.com

New York Life "The Company You Keep"



Albert's Flowers

Located Downtown in Medical District; Closest Florist to Huntsville Hospital
Free Delivery to Huntsville Hospital and Local Funeral Homes

716 Madison Street - Huntsville, AL 35801

**FLOWERS, GIFTS,
EXOTIC FLOWERS**

Graduate of
American Floral Art School

256-533-1623

256-536-6911

www.albertsflowers.com



The Valley Weekly

Publisher

The Valley Weekly, LLC

Editor-in-Chief

Dorothy W. Huston, Ph.D.

**Editorial Consultant/
Senior Editor**

Jerome Saintjones, Ed.S.

Editorial Assistants

Linda Burruss
Phyllis Chunn
Gary T. Whitley, Jr.

Advertising Associate

Phyllis Chunn

- Contributing Editors -

tim allston
Lamar A. Braxton, Jr.
Minister Preston Brown
Cody L. "Global" Gopher
Ron Hamm
Pastor Michael D. Rice

Website Administrator

Calvin Farier

Mailing Address:

The Valley Weekly
415A Church Street - Suite 100
Huntsville, AL 35801
(256) 651-9028
www.valleyweeklyllc.com
Copyright 2019

Items for consideration for publication in The Valley Weekly should be submitted at least TWO weeks in advance to above address or by e-mail to info@valleyweeklyllc.com. Items do not necessarily reflect the views of The Valley Weekly, LLC.

Submissions to TVW do not necessarily reflect the belief of the editorial staff and TVW is not responsible for the authenticity of submissions.

**The Valley Weekly
Ad Rates Single Issue**

Back Cover	10x10-inches	
\$1,000	10x10 inches	\$800
3/4 Page	7.5x10 inches	\$600
Half Page	Horizontal 5x10 inches	\$400
	Vertical 10x5 inches	\$400
Fourth Page	5x5 inches	\$200
Eighth Page	2.5x5 inches	\$100
Sixteenth Page	2.5x2.5	\$50
Classified	1 col.x1 inch (4 col. in. minimum=\$24)	\$6
6 Month/1 Yr.-10% & 20% Discount!		

"While I've said that there are plenty of things I dislike about the South, I can be clear that there are things I love about the South."

- Jesmyn Ward

Called 2 Preach

by Pastor/Founder Michael D. Rice
Grace Gethsemane Mission Church

Ticketed for LUI

Ephesians 5:18

Any traffic ticket is dreaded, but one of the most dreaded kind is the infamous DUI (driving under the influence). Those kinds can cause people to lose their driver's license, if they get too many. There is a kind of ticket that would actually

be beneficial; that is, being ticketed for LUI (living under the influence); not of alcohol, but the Holy Spirit. Paul wrote to the church at Ephesus and used the analogy of being drunk with wine as a way to describe what it's like when believers allow the Spirit of God to be in control.

Physical drunkenness

has affects that are visible. A person's speech is affected. Being "high" as it is sometimes called, causes some people to say things that they would not normally say when sober. It gives the allusion of a boldness that is only temporary. The same can be said of being under the influence of the Holy Spirit. He can give a boldness that is not necessarily a "natural" tendency. This influence of the Spirit is something that a believer has to constantly submit to, however. Therefore, instead of trying to "avoid" getting this kind of ticket,

the believer should instead intentionally seek to always be ticketed for LUI. The Spirit is present at the very moment of belief; however, His control is something that every believer has to personally submit to constantly. The Spirit is not about handcuffing and arresting; He's about helping and being assessible.



It is easier to build strong children than to repair broken men.

- Frederick Douglass

Spotlight on Our Elders ... Featuring

Mother Betty Craighead

Mother Betty Joyce Ford Craighead is a native Huntsvillian who is the first of four children born to the late Walter and Lucy Steele Ford. She attended Winston Street Elementary School, Councill High School and Alabama A&M University. She married Willie Mack Craighead, her high school sweetheart, and they are the parents of Karen Craighead McGlathery and Roderick T. Craighead; two grandsons, and three great-granddaughters.

She joined Huntsville Hospital as a unit secretary in the Pediatrics, Medical/Surgical Unit, and Labor & Delivery in 1965. Exposed to every facet of medicine, she gained a great love for and knowledge of the medical profession. However, the Labor & Delivery area was truly her passion--recording

and witnessing the births of many babies in Huntsville.

In 1970, Medical Center Hospital was opened by a group of doctors and Mrs. Craighead was hired, taking her to another level in the medical field. Medical Center was later purchased by Humana Hospital but kept her in the same position as operating room secretary. She was promoted to customer service representative and then to customer service supervisor, retiring from Humana in 1996.

A faithful member of Union Chapel Missionary Baptist Church for over 50 years, she has served in positions ranging from the Stitching and Quilting Ministry to Superintendent of the Sunday School. Among her many community service projects



are her service as director of Rural Senior Services (Union Chapel Center); advisor, Alabama Cooperative Extension System-Alabama A&M University Successful Aging Initiative; representative, Alabama Alzheimer's Campaign, 2010; St. Jude Children Research (Campaign for a Cure); and others.

BURRITT
ON THE MOUNTAIN

Come Discover the Magic on the Mountain!

No matter what time of year you explore Burritt on the Mountain, there is something delightful and new to see. And no matter how young – or old – you are, there is something for you on the Mountain! If you've never visited, you're in for a treat. If it's been awhile, what are you waiting for? Come on up and let the Magic begin!

3101 Burritt Drive • Huntsville, Alabama 35801 • 256.536.2882
www.burrittonthemountain.com
OPEN: April–October: Tuesday – Saturday: 9 am – 5 pm & Sunday: noon – 5pm
November–March: Tuesday – Saturday: 10am – 4pm & Sunday: noon – 4pm



FEBRUARY 14 - Born in Cordova, Maryland, FREDERICK DOUGLASS was an ex-slave, abolitionist, journalist, statesman and orator. He is widely considered one of the most important figures in the anti-slavery movement.

- *BlackinTime.info*

Taking the Stress out of a Valley Valentine's Day

Avoiding Valentine's Pitfalls in 2020

Make Valentine's Day extra memorable this year

(BPT) - The pressure is on - with the big day approaching, you may feel like you're not ready. Thanks to the latest technology, deciding on the perfect gift and making sure it gets to your special someone is easier than ever.

Here are some of the problems you may be facing, and great solutions to help you deliver smiles in time for Valentine's Day.

Problem: You have no idea what the flowers you're ordering look like

Solution: 3D augmented visual reality

Thanks to a new 3D and augmented reality feature on 1-800-Flowers.com, you can use your mobile device

to preview top-selling Valentine's Day arrangements before you purchase them.

Problem: You're in a time crunch

Solution: Streamlined shopping experiences

Shopping online via your desktop, laptop or mobile device is easier than ever on 1-800-Flowers.com. The revamped checkout process makes online shopping quick and easy.

You can also send complimentary e-cards to sweethearts and "galentines" via their desktop homepage. Choose from a wide variety of themed layouts and craft your own personalized message.

Using the app to shop

on-the-go, the new "Trending Gifts" section has a speedy one-tap buying experience that brings you directly to checkout.

Problem: You need gift inspiration - now!

Solution: Gift finder and SmartGift

The popular Gift finder

tool from 1-800-Flowers.com is now available via their mobile app. You just input information such as the recipient, occasion and location for tailored gift recommendations.

Feeling unsure of your gift choice? You can try SmartGift to get the gift just right. You simply choose a gift online and the gift link is sent to the gift recipient. They can then decide to swap out the gift

for one that's more their style, at an equal or lower price, and decide on the delivery date and address.

There's something available for everyone, from classic flower arrangements and chocolates to gift baskets, teddy bears, wine and jewelry - plus a wide choice of personalized gift ideas.

Problem: I want to send something

exciting and different this year

Solution: New, exclusive options for the perfect Valentine's gift

How about flowers that represent your enduring love? You can order a beautiful container of specially preserved roses, selected for their size and perfection. These Magnificent Roses are gorgeous symbols of true romance.

Make a unique statement with Conversation Roses, one dozen beautiful red roses, half embossed with "I Love You" and the other half with an interlocking heart design. This gift will speak volumes about your love.

Give sweets to your sweetheart with a delicious variety of Chocolate Covered Strawberries. Your special someone may just find them - and you - irresistible.

Enjoy the day, knowing that you've chosen a meaningful way to express your feelings and connect with the most important people in your life.



Marshall England, Agent

600 Madison Street, SE - Suite B
Huntsville, AL 35801
Bus: 256.539.2014
marshallengland@marshallengland.com

www.marshallengland.com



MAYHEM IS EXPENSIVE. ALLSTATE IS NOT.



JAMES F SMITH & ASSOCIATES
256-852-7310

415 CHURCH ST NW BUILDING B
HUNTSVILLE
jamesfsmith@allstate.com



Allstate

Subject to terms, conditions and availability. Allstate Property and Casualty Insurance Co. © 2013 Allstate Insurance Co.