

# Tuskegee Grad Exec-Ed of BlackDoctor.org - p. 6

**FREE**



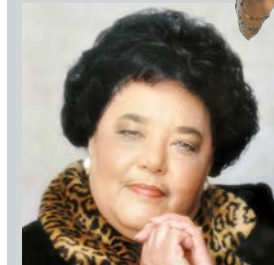
## Having a Clear Vision - p. 3

Friday  
July 21, 2023  
Vol. 9, No. 46  
ValleyWeeklyllc.com



GLORIA B: There Are NO Limitations - p. 3

**SALUTE!**  
Rosetta James Foundation  
ELDER OF THE WEEK



Mrs. Marion Barley Hall

*"A friend to all is a friend to none." - Aristotle*

## 100 BMOGH Prepares for Golf Classic

The 100 Black Men of Greater Huntsville, Inc., presents its 22nd Annual John Riche Memorial Golf Classic. Over the years, the John Riche Memorial Golf Classic has become the group's most treasured fundraising event toward its community youth scholarship efforts.



Saturday, August 5, on the grounds of Colonial Golf Course in Meridianville, Ala. Planners anticipate Three Flights (2 Males and 1 Female) with 1st, 2nd, and 3rd place winners per flight. There will also be prizes for Closest to the

Pin and Longest Drive per flight and players will also have the opportunity to compete in the \$10,000 and \$1 Million Dollar "Hole in One" Contests.

The "Two Man Scramble" registration is \$100 per player and \$200 for a

two-person team. Lunch, grab bags and beverages are included with each registration. To register or request a sponsorship package visit our official website at [100bmogh.com/golfclassic](http://100bmogh.com/golfclassic). Same day registration begins at 6:00am - 7:15am. The Two Man Scramble Shotgun Start Time is 7:30 a.m.

The 100 BMOGH, Inc. is a non-profit 501(c)3 organization. All donations are tax deductible as allowed by IRS Regulations.

For more information, contact Chris Robinson, (256) 520-2394; Sam King, (256) 694-1403; or business office at (256) 277-3488.

## AARP Hosting Fraud Prevention Session

Join AARP Alabama and the Birmingham Police Department's Crime Prevention Team for an informative session on Fraud Prevention and Reporting on July 25. This workshop will participants with tools necessary to protect themselves.

Topics will include: Crime Prevention Strategies, Anatomy of a Scam, Lottery Scams, Social Media Scams and Government Grant Scams.

The event is FREE but registration is required by copying the link <https://events.aarp.org/July23Fraud>.

The 10 a.m. session will take place at the Oxmoor Valley Community Center, 1992 Wenonah Oxmoor Road, Birmingham, Ala.

## AAMU Postpones 'Jazz on the Terrace'

The 'Jazz on the Terrace' event originally scheduled for July 14 at the Event Center was postponed until a date to be announced later.

Sponsored by the Alabama A&M University Ath-

letic Association, the delayed activity was slated to feature Greg 'Che-Chi' Simpson as host with DJ MikeP2G.

For additional information about rescheduling, call (256) 372-4005.

## Huntsville Site of HBCU's Regional Conference, Jackson Mayor to Speak

The 64th Southeast Regional Conference of the Tuskegee National Alumni Association will convene July 20-23, 2023, at the Embassy Suites & Spa, located in Downtown Huntsville, Ala.

Darlene Minniefield,

regional urban Extension agent, of Florence, Ala., serves as the regional vice president.

The theme for the regional gathering is "Celebrating Our Tuskegee Treasures: The Sky Is Not

the Limit."

Among the scheduled keynoters is Tuskegee alumnus an Jackson, Miss., mayor, Chokwe Antar Lumumba (right).

by Lamar A. Braxton, Jr.



The Valley Weekly

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## The Valley Weekly

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The Valley Weekly  
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Full Page	10x10 inches	\$1,200
3/4 Page	7.5x10 inches	\$900
Half Page	Horizontal	\$600
	Vertical	
Fourth Page	5x10 inches	\$300
	10x5 inches	
Eighth Page	2.5x5 inches	\$150
	2.5x2.5	
Sixteenth Page	1 col.x1 inch	\$75
Classified	1 col.x1 inch	\$100/Flat Fee

The Valley Weekly  
Washington  
One Minute

by Ron Hamm

Here are the happenings in Washington, D.C., this week:

1. CONGRESS. The House and Senate are in session this week. The Senate is expected to take up its version of the \$886 billion Defense Authorization bill this week that narrowly passed the House on Friday on a largely party-line 219-210 vote (last year's bill passed the House on a more bipartisan 329-101 vote), after conservatives successfully attached a host of policy riders to the bill that would restrict funding for service members to travel to obtain abortions; deny transgender troops

coverage for gender transition surgeries and hormone therapy; eliminate all of the Pentagon's diversity offices and employees; ban the Pentagon from buying books that espouse radical gender ideology; prohibit Defense Department schools from teaching that the nation or its founding documents are racist; ban the flying of gay pride flags on military bases; and ban affirmative action admission policies at U.S. military academies (the recent Supreme Court case that ended affirmative action exempted military academies). Notably, the House decisively voted

down a series of GOP amendments that would have restricted further military assistance to Ukraine. The House, among other items, will take up the 5-year reauthorization of the Federal Aviation Administration and its

programs, including a controversial provision to raise the retirement age for pilots from 65 to 67 years. On Wednesday, Israeli President Isaac Herzog will address a joint meeting of Congress.

2. THE WHITE HOUSE. After returning from his 5-day European trip, the President spent the weekend at Camp David. On Tuesday, the President met with Israeli President Isaac Herzog at the White House. On Wednesday evening, he hosted members of Congress and their spouses at the annual Congressional Picnic on the South Lawn of the White House. On Thursday, he will travel to Philadelphia to make remarks on the economy. On Monday, the First Lady held a youth soccer clinic at the White House in conjunction with the MLS All-Star Game which was played in DC on Wednesday. Last Friday, the Biden Administration announced that 804,000 student loan borrowers with a total of \$39 billion in loans will have their loans erased per the forgiveness rules for borrowers using the income-driven repayment (IDR) plan that al-

lows forgiveness after 20 or 25 years of qualifying months. 3. SUPREME COURT. The court is adjourned until Monday, Oct. 2. On Thursday, the Senate Judiciary Committee will vote on a bill to create a new code of conduct for Supreme Court justices, including enhanced disclosure requirements – especially when connected to anyone appearing before the court. The bill is titled “the Supreme Court Ethics, Recusal and Transparency (SCERT) Act.”

4. JUNE INFLATION REPORT. Last week, the Department of Labor announced that the inflation rate had dropped to an annual rate of 3% in June, the lowest rate in more than two years and down substantially from 9% in June 2022. In related news, at the next Federal Reserve meeting on July 25-26, the Fed is expected to enact a quarter percentage point rate hike.

5. FY2024 APPROPRIATIONS. This week, the House Appropriations Committee will continue work on the FY2024 appropriations bills, with full committee markups on Tuesday and Wednesday for the Transportation/HUD and Interior bills. Next week, the House is planning to take up the Agriculture and Military Construction bills on the House floor. Notably, despite many cuts to domestic spending programs, the House GOP Leadership has protected the project earmarking process and has published lists containing thousands of project earmarks in this year's bills. On Thurs-

day, the Senate Appropriations Committee will markup 3 bills in full committee: Energy & Water, State/Foreign Operations, and Transportation/ HUD.

6. UPS STRIKE. Last Friday, United Parcel Service (UPS) announced that it would start training non-union workers as replacements for the 340,000 UPS Teamster employees who are threatening to walk off the job at the end of July when their current contract expires. UPS delivers 25 million packages per day, representing a whopping 6% of the U.S. GDP. The Biden Administration, which last year intervened to prevent a massive rail strike, has reportedly been in contact with both sides, but has not yet formally started negotiations.

7. INDICTMENT WATCH. According to The Washington Post, Special Counsel Jack Smith may bring indictments in the investigation into the Jan. 6 insurrection in the next 3 weeks, while Georgia's Fulton County D.A. Fani Willis has requested that no trials or in-person hearings be held the week of August 7 (possibly signaling that she will be issuing indictments in the Georgia portion of the plot to overthrow the 2020 election).

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## NSBE Tournament Set

The North Alabama NSBE Professionals will host the 2023 NSBE Golf Tournament on Friday, July 28, at The Links at Redstone at 8 a.m.

Proceeds from this event will go to support local students within the Huntsville/Madison area to receive STEM (Science, Technol-

ogy, Engineering, and Mathematics) scholarships through the NSBE Scholarship Programs.

Registration is \$85 per individual and \$325 for four-player team. For additional information, contact [btwrights@gmail.com](mailto:btwrights@gmail.com) or visit [www.nsbe-northalabamae.com](http://www.nsbe-northalabamae.com).

## HU Veep Co-Authors Paper on Diversity

Dr. Harry Hobbs, vice president of employee engagement for Huntsville Utilities, has co-authored a paper in *Business and Management Research* on the interrelationship between the concepts of diversity, bias and integrity with leader credibility.



Hobbs and co-authors

Cam Caldwell and Ian Williamson, identify 10 common responses of managers and leaders about diversity and bias that undermine their ability to be persons of integrity.

For additional information and article links, contact Dr. Hobbs at [hobbs@hsvutil.org](mailto:hobbs@hsvutil.org)

or call (256) 535-1373,

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THE VALLEY WEEKLY

# VALLEY DEATHS



## NELMS MEMORIAL FUNERAL HOME

2501 Carmichael Avenue NW  
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Funeral service for MR. ROBERT LOUIS STRONG (b. 1951) was held Saturday, July 15, at Hopewell Missionary Baptist Church with Pastor Larry Davidson, Jr. officiating.

Funeral service for MR. EDWARD LEE GORDON (b. 1952) was held Saturday, July 8, at the Consolidated Flint River & Running Water Primitive Baptist Memorial Tabernacle with Pastor Lester Baker, officiating.

Funeral service for MRS. CELESTINE ("TINA") HAYGOOD (b. 1962) was held Saturday, July 8, in the Nelms Memorial Funeral Home Chapel with Pastor Waymond K. Smith, officiant and Pastor Larry Petty, eulogist.

## ROYAL FUNERAL HOME

4315 Oakwood Avenue NW  
Huntsville, AL 35810 - (256) 534-8481

Funeral service for MRS. RAWANDA JUANITA SMITH (b. 1952) was Wednesday, July 19, at the Harvest Time Church (2520 Winchester Road NW, Harvest, Ala.) with Apostle Dr. Edmond James officiating.

Funeral service for MR. BOBBY JOE JAMAR (b. 1956) was Saturday, July 15, at the Saint Bartley Primitive Baptist Church (3020 Belafonte Avenue NW, Huntsville, Ala.) with Elder Billy Jones officiating.

Funeral service for MR. RICHARD LEE HOLDEN (b. 1959) was Thursday, July 13, at the Royal Chapel of Memories (4315 Oakwood Avenue NW, Huntsville, Ala.).

Funeral service for MR. DANNY RAY GILBERT (b. 1962) was Wednesday, July 12, at the Round Island Creek Mission Center (13829 Lucas Ferry Road, Athens, Ala.) with Pastor Marcus Gilbert officiating.

## SERENITY FUNERAL HOME

2505 University Drive NW  
Huntsville, AL 35816 (256) 539-9693

Funeral service for MR. JALAN COLEMAN (b. 1995) was held Monday, July 17, at Phillips CME Church, 2185 Winchester Road NW, Huntsville, Ala.)

Funeral service for MR. Le'ROY FLETCHER (b. 1955) was held Sunday, July 16, at House of Hope and Restoration, 2525 Aspen Avenue, Huntsville, Ala.)

Funeral service for MS. JANE FLOWERS (b. 1953) was held Saturday, July 15, at Abundant Life Church, 1806 Beech Street, Decatur, Ala.

# Spiritual Game Plan

PRESTON BROWN'S



## Having a Clear Vision

Mark 10:50-52 relates the story of the blind man Bartimaeus. Bartimaeus "[threw] his cloak aside. He jumped to his feet and came to Jesus. 'What do you want me to do for you?' Jesus asked him. The blind man said, 'Rabbi, I want to see.' 'Go,' said Jesus, 'your faith has healed you.' Immediately he received his sight and followed Jesus along the road."

Do you have a vision for your life and can you explain your vision? Whatever your answer is, remember that when we begin to partner with God, our vision will become clear. There is something that God wants to stir up in all of us to make the vision that we have come alive.

Blind Bartimaeus realized that he was about to get the opportunity of a lifetime

because Jesus was coming by. He wasn't going to sit there quietly. He decided to shout his request out loud: "Son of David, have mercy on me" (Mark 10:48). Jesus stopped for this one man and healed him. Jesus stopped because everyone else was trying to push Bartimaeus aside. It was his faith that Jesus was interested in. He wasn't interested in his perfection, he was interested in his participation. Participation is the thing that attracts the presence of God into our lives. Our participation helps us with the vision that we have for our lives.

Having a clear vision for your life begins with asking yourself what you want God to do for you. When we look at our scripture, we see that Bartimaeus just wanted to see. I believe that your vision for your life starts with seeing all the possibilities that God can do for you and through you. We have seen what we

can do in our own strength, but now is the time to see what God can do for us. Ephesians 3:20 says, "Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us." Remember, when we let go and 'let God' do what he can do for us, amazing things will begin to happen.

May God grant you spiritual success in having a clear vision for your life. *Question:* Where do you see yourself a year from now? Five years from now? Ten years from now?

Stay encouraged, my brothers and sisters, and make sure you purchase a copy of my books *Spiritual Game Plans For A Successful Life* and *A Champion Game Plan for Life* at amazon.com, Westbow Books or if you have a PayPal account email me at prestonbrown81@gmail.com, and I will send you an autographed copy.



## Huntsville Council Meetings

Huntsville City Council's regular meetings are held in the City Council Chambers of the

Municipal Building on the 2nd and 4th Thursday of each month at 6 p.m.

Council work sessions are also held in the Chambers of the Municipal Building on the 1st and 3rd Thursday of each month at 6 p.m. For more information, call (256) 427-5011.



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## There Are NO Limitations ...

Your limitations are in your mind ... Success or failure. There is nothing in between. As often stated, "Failure starts where success ends." You can be successful every day because success is simply accomplishing goals. It doesn't matter whether they are big or small. All wins count. There are no limitations. Your limitations are in your mind!

You control every goal you set and whether or not you get there. You cannot control the arrival time; however, you can control whether or not you slow that time down. You're not limited. Who told you that?

So, how do you do that? It all starts in your mind. Each decision you make or not. Each move you make, or not. Limitations only exist if you impose them on yourself. It seems simple, right? It is.



need to be aware of. Dive into self-awareness. Start today! With each step, all mind related, you are in

Emotional intelligence, motivation, discipline, mindfulness, and goals are all things you

control. Each decision and action brings you closer or further away from your mark! You can do this! Get started this moment. Remove one limitation a day. Remember, small goals count.

God loves you, and so do I. He has given you a gift; open it.

# Millennial Moment

The Valley Weekly

by

Gloria B. Caldwell

The Valley Weekly

# VALLEY EVENTS

HAPPENINGS, ACTIVITIES & MORE!

**July 19-22**  
Rocket City Magic Camp  
Optimist Recreation Center  
\$300/Child  
<https://alabamaacademyof-magic.square.site/>  
8:30-11:30 a.m.

**July 20**  
Huntsville Madison County  
Public Library Summer  
Reading Program Ends

**July 21-22**  
Eddie Griffin

Stand Up Live Huntsville  
2012 Memorial Parkway SW  
Huntsville, Ala.

**July 22**  
"Jazz It Up" Handy Fest  
Night  
Avalon Social  
Muscle Shoals, Ala. - 7 p.m.

**July 29**  
Rocket City Moontime  
Market  
The Camp  
Huntsville, Ala. - 12-4 p.m.

**July 30**  
The Annalisa Experience  
Presents  
Educators' Brunch N' Vibe  
3311 Bob Wallace Avenue  
Southwest - #Suite 101A  
Huntsville, Ala.

**August 5**  
Alabama Association for the  
Arts  
2nd Annual Black Tie Gala  
<https://www.blacktiegalahsv.com/>  
Stone Event Center  
7-11 p.m.

**August 19**  
Shop Black Huntsville Fest  
Butler Green @ Campus 805  
Huntsville, Ala.

Shakespeare in the Garden  
"A Midsummer Night's  
Dream"  
Huntsville Botanical Garden  
7:30 p.m.



## ON THIS DAY

American writer Ernest Hemingway was born on this day July 23 in Oak Park, Ill.

- Britannica.com

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"Delusional pain hurts just as much ...  
So what if it is all in your head?"

- Octavia Butler

## NAAACC Meetings

The North Alabama African American Chamber of Commerce (Huntsville) meets monthly on the 3rd Tuesday at 12 noon.

The meeting location varies. Call (256) 564-7574.

## PowerShot

"It doesn't matter whether you're baking biscuits or building rockets, you gotta put the work in or nothing's rising."

J. T. Moore



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"Sometimes you have to plow under one thing  
in order for something else to grow."

- Ernest Gaines

# Giving Flowers Now: Birthday & Anniversary Event



Most have heard someone say, "Give them their flowers while they live". No one is perfect but these tidbits I want to share about Richard Thomas Hall - my daddy.

1 Samuel 12:24: "Only fear the Lord and serve Him faithfully with all your heart. For consider what great things He has done". For over 30 years Richard Hall took care of the church grounds. As a child and as an adult, I watched him cut the lawn at home and then head for the church. Serving the Lord is important to him. He just rode and cut the grass.

Hebrew 13:16: "Do not neglect to do good and share what you have, for such sacrifices are pleasing to God". His greatest passion was gardening. Daddy loved his family and community. He planted three

gardens for 30-plus years ... tomatoes, okra, potatoes, beans, corn, strawberries, watermelon and oh yes, the green patch. He tilled and planted. Others picked, cooked and canned. Many were blessed. One day he said, "I'm tired". He set all the equipment on the side of the yard and sold it.

"Let your light shine before others so that they may see your good works and give glory to your Father who is in heaven" - Matthew 5:16.

He started his professional career in 1957 as a math technician for the Army Ballistic Missile Agency who changed their name in 1960 to NASA Marshall Space Flight Systems. He was one of five (5) black men who integrated this organization. Every morning they met, carpooled to work and brought everyone back



to their respective vehicles. The weight of the black race was on their shoulders.

In 2015 a featured publication, "We Could Not Fail, The First African Americans in Space", was written by Richard Paul and Steven Moss. It illustrated the roles NASA Space Program played in promoting civil rights. The publication became a documentary that aired on the Public

Broadcasting System in 2019. Richard Hall can be found in Chapter Seven.

"Two are better than one, because together they can work more effectively. If one of them falls down the other can help them up. Two people can resist an attack that would defeat one person alone. A rope made of three cords is hard to break". Ecclesiastes 4:9

Behind every GREAT man is a GREAT woman. It is so befitting to be here. This place, Alabama A & M University is where a dash-ing young man proposed to a beautiful talented majorette. Richard Thomas Hall and Marion Virginia Barley got together.

We recently, celebrated 68 years of marriage and his 91st birthday. Both began July 8, 1955.

by Debra Henderson



## Experience Certified Christian Life Coaching = Jesus 2.0

"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up" - Ecclesiastes 4:9,10

Oprah Winfrey, Presidents Clinton and Obama, Tiger Woods, Leonardo DiCaprio, and, yes, even Metallica all share one common experience: hiring a coach - a.k.a., a "trainer".

"Everyone needs a coach. We all need people to give us feedback. That's how we improve," endorsed Bill Gates.

There's a trained life coach for virtually every imagined need - e.g., career transition, stress relief, wellness/fitness, defensive driving, cancer recovery, post-divorce co-parenting, communication, spiritual development, . . . Southern cooking!

And coaching differs from counseling, . . .

### Coaching vs. Counseling?

Whereas counseling and therapy are state-licensed to address clients' past pains, coaching starts with one's present-day self-assessment tools and future-focused action steps, aided by the accountability to a trained, often certified life coach.

"Life Coaching" parallels an athletic coach - i.e., that trained, credentialed professional who travels the sidelines beside the athlete on the playing field - NOT stepping onto the field itself, however - yet stretching them with self-improvement exercises and a game plan that when followed bring results.

However, when a coaching session uncovers an unresolved past hurt, an immediate referral to a counselor or therapist is required.



### Certified Christian Life Coaching (CCLC) = Jesus 2.0

CCLC mirrors Jesus' three-year earthly ministry. Yes, he preached sermons and healed the sick, but he spent most of his time walking alongside persons, asking them provocative questions, and telling them related stories (object lessons).

"Coaching" his 12 disciples and their doing likewise resulted in 2000 years later in Christianity now being the world's largest religion, claiming one-third of its population.

Tim Allston, Leadership Coach and Three-time Amazon Best-selling Author, *Leading from the Middle*  
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<https://www.timallston.com>

# TU Grad Executive Editor of BlackDoctor.org

The Executive Editor of the immensely popular Chicago-based BlackDoctor.org site is a proud product of Tuskegee University.

As executive editor, Jade I.M. Curtis is responsible for leading the charge for health equity in the Black community by creating “how to do it, you can do it” content.

Curtis keeps her finger on the pulse of Black America by leveraging culture, content, and technology to help people live healthier, happier lives.

She achieves this via BDO polls and surveys, social listening via the BDO Facebook page, and more. Curtis oversees the largest production of health and wellness content targeted to Black consumers.

Notable accomplishments include having BDO added

to the US National Archives of Medicine and helping millions of Blacks get vaccinated in partnership with

the Black Coalition Against Covid. On a daily basis, no one drives more targeted health conversations to

Black adults than Jade Curtis on the BDO health and wellness platform.

Curtis is a proud Chicago-born and Flossmoor-raised writer, wellness advocate, and media professional. Over the past half-decade, she has broadened her expertise and expanded her network in the health media space. She has explored

several areas in the health media industry, including marketing, technology, and finally editorial where she found a passion for health and wellness journalism and content creation.

Curtis is a graduate of the illustrious Tuskegee University, where she received a Bachelor of Science in sales and marketing.

She is committed to being a catalyst for information to improve health outcomes in the Black community. Contact Jade at Editorial@Blackdoctor.org.

BDO enjoys over 19 million visitors per month and has been featured in multiple publications across the nation.



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## This Sunday's Lectionary



**Sunday, July 16, 2023**

**Seventh Sunday**

**After Pentecost**

(Track 2, Year A)

First Lesson:

Isaiah 55:10-13

Psalm 65:[1-8], 9-14

Second Lesson:

Romans 8:1-11

GOSPEL:

Matthew 13:1-9, 18-23



Rosetta James Foundation "Spotlight on Our Elders" ... Featuring

## Mrs. Marion Barley Hall

Marion Barley Hall was born in Madison County, Alabama, on December 10, 1936, to the late Daniel and Orell Draper Barley. She attended Council Training High School and graduated in 1954. Upon completion of high school, she enrolled at Alabama A&M University, where she was an active member of the Marching Band (1954-1955). Hall also received a business school-business education certificate from Manpower in 1963. She was later employed by Marshall Space Flight Center, where she was a Documentation Analyst for over 18 years.

A lifelong member of Center Grove United Methodist Church, Hall served in various ministry areas, including Chancel Choir member, president of United Methodist Women, chairperson and cochairperson of the Harvest Committee, chairperson of King's Care, chairperson of Stewardship, member of the Finance Committee, and chairperson of Burns-Northside, to name a few. In 1978, she established the first Mother-Daughter Luncheon at Center Grove

United Methodist Church.

She also served in various civic organizations in her community that include member, Elk Lodge #977 (Daughter of Elk); member, Corner's Homemaker and Community Club; member, ABWA (American Business Women Association); member, Red Hatters (Hill Top-Rough Chapeaux); and member, Eta Phi Beta Sorority, Inc. Hall's greatest joy in life was caring for the sick and underprivileged, and her adopted motto was, "Let My Work Speak for Me."

Her work has spoken, and it is still speaking for her through the tireless care she gave to her family and friends. She always made herself available to assist others with their needs.



Whether it was doing laundry, preparing meals, driving to doctor visits, administering medication, and/or any other personal needs they required.

Hall took upon the role of primary caregiver for her mother and father during their latter years. In her home, she cared extensively for relatives and other loved ones for a combined span of decades.

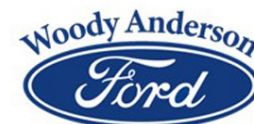
She and her husband of more than two generations, Richard Hall, had two adult children, two grandchildren and three great-grandchildren.

"Spotlight on Our Elders" is a weekly feature sponsored by the Rosetta James Foundation to promote volunteerism and activism in our community among those who are 70-plus. The Foundation also provides scholarships. Learn more about us at [www.rosettajamesfoundation.org](http://www.rosettajamesfoundation.org). Know an outstanding elder (70+) that you would like to see featured? Send us a photo and 250-word write-up to [info@valley-weeklyllc.com](mailto:info@valley-weeklyllc.com).



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