

# How Black Men Can Lower Odds of Prostate Cancer - p. 3

**FREE**



## Achieving "Perfect Peace" - p. 3



Friday

July 29, 2022

Vol. 8, No. 47

ValleyWeeklyllc.com

**SALUTE!**

Rosetta James Foundation  
ELDER OF THE WEEK



Dr. Army Daniel

"Most men today cannot conceive of a freedom that does not involve somebody's slavery." - W.E.B. Du Bois

## Popular Comedian D.L. Hughley Comes to the Rocket City

One of the most popular and highly recognized standup comedians on the road today will visit Huntsville for showings at Stand Up Live Huntsville August 5-7. D.L. Hughley also has made quite an impression in the television, film and radio arenas. DL can currently be heard nationwide as host of his own afternoon radioshow "The DL Hughley Show" which is nationally syndicated in over 60 cities across the country including the #1 radio market - New York. The radio show dives head first into hot topics of the day and dishes on the latest news, entertainment, pop culture and what's trending in social media.

A veteran of numerous talk show appearances, he is a regular on the late night talk show circuit, including always-memorable appearances on Real Time with Bill Maher, CNN and The Tonight Show. For additional information, contact Stand Up Live Huntsville at [huntsville.standuplive.com](http://huntsville.standuplive.com).



## Royal Legacy Scholarship Awards at Embassy

Donna Stallings Ministries (DSM) and The Royal Company of Women (RCOW) Global Network announces the "I AM THE WOMAN ROYAL LEGACY 2022" honorees in conjunction with a celebratory Awards Breakfast, recognizing women who have been a royal stalwart in their local communities, the nation and globally. These distinguished women have led in the religious, business, medical, political, armed forces, media, and educational professions. Each has given their lives to advocate justice that ignite possibilities and create pathways for families and their communities at large.

The Royal Company of Women Global Network is commissioned to applaud globally the strong and resilient women who lead and champion, often quietly but with unapologetic tenacious strength. The honorees were nominated by the RCOW Delegation and a diverse panel of experts.



"We are overjoyed to honor this group of spirit-led servants who have made a distinct difference in their local communities, with a global reach," said Dr. Donna Stallings, founder. "We are proud to bless these leaders with the "I AM THE WOMAN" 2022 award and salute their efforts."

This year's "Royal" honorees include Pastor Rochelle Acklin, Lady Marion Draper, Commissioner

Violet Edwards, Denita Gibbs, Dr. Pearl Harris, Ap. Phyllis Morton, Cylestine M. Smith, Dr. Shelia Nash-Stevenson, Dr. Claudette Owens, Major Malinda Parker, Rep. Michelle Watkins, and Pastor Regina Willingham.

These "Royal" honorees will be recognized publicly at the 2022 Royal Legacy Awards Breakfast, in the Huntsville Embassy Suites Ballroom on Friday, July 29, at 9 a.m.

For more information and to purchase tickets to the event, please visit <https://RoyalLegacyAwards-Breakfast2022.eventbrite>.

## Lowry House Part of Summer Ghost Hunts Tour

Continuing The 2022 Spirits of Summer Ghost Hunts Tour, The TV Personalities "The Southern Ghost Girls" stop off in Huntsville August 12, 7-10:30 p.m., for the Summer Haunts and Haints Ghost Hunt, Tour & Interactive Paranormal Investigation!

One of the most haunted places in Alabama that few know about!! The extremely haunted and mysteri-

ous Lowry House (1205 Kildare Street) in Huntsville.

The Home was also part of the Underground Railroad during the Civil War where many women, men and families were hidden from harms way as they escaped the atrocities of slavery.

Join TV Personality, Paranormal Investigator & Psychic Medium Lesley Ann Hyde as she leads her

team, the Southern Ghost Girls Tours & Paranormal Investigations, on a historic interactive paranormal investigation of the house and grounds, where participants can join the investigation! They will be provided equipment and led by the Team!

For additional information, contact The Southern Ghost Girls via e-mail to [lesleyhyde7480@gmail.com](mailto:lesleyhyde7480@gmail.com).



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## Washington in One Minute



Here are the happenings in Washington, D.C., this week:

1. **ON THE FLOOR.** The House and Senate are in session this week. The Senate will resume consideration of the \$52 billion CHIPS Act to jumpstart the domestic semiconductor industry and may also take up a bill that requires the federal government to recognize same-sex and interracial marriages, which passed the House last week by on a bipartisan vote of 267 to 157. The House has a long list of bills on its calendar this week, including legislation to clear federal roadblocks to allow an expanded research process for FDA-approved marijuana-derived medications to be used to treat serious medical conditions and a bill to shut down "roadside petting zoos" for lions, tigers, leopards, cheetahs, jaguars, cougars, and their hybrids and to prohibit private ownership of these big cats. The House may also take up a bill to ban assault weapons that was approved by the House Judiciary Committee last week on a 25-18 vote and the Senate-passed version of the CHIPS Act.

2. **THE WHITE HOUSE.** Last Thursday, President Biden announced that he tested positive for the coronavirus and canceled a scheduled trip that day to Wilkes-Barre and Philadelphia, PA to tout his new \$37 billion anti-crime initiative and a trip to Orlando and Tampa, FL today (Monday) to address the National Organization of Black Law Enforcement Executives Annual Conference and speak at a Democratic rally. The White House announced last week that the

President likely has the BA.5 variant and will isolate in the White House through at least Tuesday. On Monday, Vice President Harris traveled to Indianapolis, where she met with state legislators to discuss the fight to protect reproductive rights, coinciding with the beginning of the Indiana General Assembly's special session, where lawmakers will consider bills that ban abortion, among other issues.

3. **JANUARY 6 COMMITTEE.** According to Friday's Washington Post, nearly 17.7 million television viewers tuned in last Thursday night to the House Jan. 6 Committee's 2nd prime time hearing. The number, measured by Neilsen Media Research, encompasses 10 broadcast and cable networks and represents a slight drop from the more than 20 million people who watched the first prime time hearing in June. Vice Chair Liz Cheney (R-WY) - standing in for COVID-positive Chair Bennie Thompson (D-MS) - announced that the committee would return in September with more hearings.

4. **ELECTORAL COUNT ACT.** Last week, following months of bipartisan negotiations in response to the events of January 6, 2021, Sens. Susan Collins (R-ME) and Joe Manchin (D-W.Va.) introduced the Electoral Count Act to reform the Electoral Count Act of 1887 to: (1) clarify that a sitting vice president has only a ministerial role when Congress

convenes to certify the results of a presidential election and has no authority to overturn the results; (2) require at least one-fifth of the membership of each chamber of Congress to lodge an objection to any state's slate of electors; and (3) clarify that state governors are responsible for submitting certificates identifying slates of electors unless state law specifies otherwise. Bill proponents aim to get the bill passed before the November 2022 elections.

5. **MONKEYPOX.** With U.S. cases of monkeypox as of Friday at 2,600, last week 50 Members of Congress signed a letter asking the President to declare the monkeypox outbreak a public health emergency and allocate the millions of Jynneos vaccine doses in the U.S.' current supply. In addition, Senate Health, Education, Labor and Pensions Committee Chair Patty Murray (D-WA) and House Committee on Oversight and Reform Chair Carolyn Maloney wrote to HHS Secretary Xavier Becerra asking him to brief Congress on the Administration's response to the disease outbreak. The HHS Department has put out a fact sheet on monkeypox (read it here: fact sheet), saying it has distributed around 200,000 Jynneos vaccines so far and is expecting roughly 800,000 more later this summer and has raised testing capability to 80,000 tests per week. On Saturday, the World Health Organization declared monkeypox a public health emergency, with 75 countries reporting a total of 16,000 cases (a five-fold increase since June).

6. **CHIPS BILL/SHORT-TERM PELL.** On Monday, the Senate held a cloture vote on the CHIPS-Plus bill, a \$280 billion package designed to boost both domestic semiconductor chip manufacturing and U.S. high-tech research. The

legislation had strong support from GOP members, so no problems were anticipated with cloture. Senate leadership said the bill would pass no later than Wednesday. After recent negotiation between the parties, Senate Democrats decided to move forward with a much smaller bill that is centered around support for semiconductor manufacturing. Other provisions have been added to the "CHIPS" bill but none of the education provisions, including short-term Pell. The development is a significant setback for community colleges since the competition bill was the most likely legislative vehicle to enact short-term Pell before the end of the cur-

rent Congress. Congressional Democrats have indicated a desire to continue negotiating on the provisions that were not included in the CHIPS bill, but further action in that area as unlikely.

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*"I want someone who's qualified, who has a qualification to character and the integrity to do the things that have to be done to save this world. - Edward Brooke*

THE VALLEY WEEKLY

# CHAMPION GAME PLAN

PRESTON BROWN

## "Perfect Peace"

Isaiah 26:3 says, *Thou will keep him in perfect peace whose minds are stayed on thee, because they trust in you.*

You know, the bible has much to say about peace. Matter of fact, the term peace occurs over 400 times in the bible. So, it's easy to say that the bible can be seen as God's testament of peace.

Now when we look at this scripture, I believe that there are three things that we can take from what the prophet Isaiah is saying about peace.

First, he talks about the "protection" of peace

by using the word "keep". Now the word keep means to hold on to and not let go. It also means to capture what's on your mind. So when we keep our minds stayed on him, God will capture our thoughts and make them agreeable with his.

Secondly, he gives us the "description" of this peace. Our scripture defines it as "perfect". Now, when we talk about perfect peace that means undisturbed peace. You see, God's peace is unique in so many ways. The writer Paul tells us that it surpasses all understanding. It also surpasses human capability. In John 14:27, Jesus tells us, *Peace*

*I leave with you; my peace I give you, I do not give as the world gives. So let not your hearts be troubled and do not be afraid.*

Another way he describes peace is that it surpasses human expectations. In other words, God always has a way of showing up and showing out. Finally, the prophet Isaiah gives us the "conditions" for peace. You see, God's grace is a free gift to all of us, but there are certain conditions that must be met. First, we have to have a mind "stayed" on him. Now the word *stayed* means to lean on or rest upon. It also means to support. Therefore, a mind that is at peace is a mind that is supported by God. Philippians 2:5 says *"let this mind be in you*



*which was also in Christ Jesus."*

Also to be at peace we need to have a heart that trusts God. When

we place our full trust in him, He will always direct our paths and keep us in perfect peace ...

Stay encouraged, my brothers and sisters. And, make sure you purchase your copy of my book "A Champion Game Plan For Life" on amazon.com

## BLACK MEN: Lowering the Odds of Prostate Cancer

Genes can put some men, especially Black men, at heightened risk of prostate cancer. The good news, however, is that a new study suggests that there may be ways to undo much of that potential harm with a healthy lifestyle.

Researchers found that among men at increased genetic risk of prostate cancer, those who maintained a healthy lifestyle were much less likely to die of the disease over nearly three decades.

"Healthy" meant they **exercised regularly**, refrained from smoking, kept their weight down and favored fish over processed meat.

Men who met those goals had a 1.6% lifetime risk of dying from prostate cancer.

That compared with a 5.3% chance among their counterparts with unhealthy habits, the investigators found.

However, healthy habits did not appear to protect men from developing prostate cancer in the first place, lead researcher Dr. Adam Kibel notes.

It's possible they instead lower the risk of aggressive prostate cancer, according to Kibel, chief of urology at Brigham and Women's Hospital, in Boston.

Prostate cancer is very common: About one in eight men will be diagnosed with the disease in their lifetime, according to the American Cancer Society (ACS). But the cancer is often slow-growing, and may never progress to the point of

threatening a man's life: Only one in every 41 men actually die of prostate cancer.

So although you may not be able to exercise your risk of the disease away, lifestyle may matter in the aggressiveness of the cancer.

"One way to look at it is, an unhealthy lifestyle might throw fuel onto the fire," Kibel adds.

Of the 12,000 men surveyed, each man was given a healthy lifestyle score, earning one point for each of six factors: keeping their weight below the obesity cutoff; regularly getting vigorous exercise, like jogging; not smoking; regularly eating fatty fish (like salmon); eating tomato products; and limiting processed meats. In particular, studies have tied

those three diet habits to a lower risk of prostate cancer or death from the disease.

Over 27 years, just over 3,000 men developed prostate cancer, and 435 died from it. Genes made a big difference: Men with genetic risk scores in the top 25% were over four times more likely to die of the disease, versus those in the bottom 25%, the investigators found.

But for those same men, lifestyle also had a big impact. Those who stuck with at least four of the six healthy lifestyle factors cut their odds of dying from prostate cancer by 45%, versus men who adhered to few or none.

*Excerpts from Jessica Daniels BlackDoctor.org*

THE VALLEY WEEKLY

## VALLEY DEATHS



### NELMS MEMORIAL FUNERAL HOME

2501 Carmichael Avenue NW  
Huntsville, AL 35816 - (256) 539-8189

*Funeral service for MRS. IDA CORDELL (b. 1924) will be Friday, July 29, at 11 a.m. at First Seventh-day Adventist Church with Pastor Benjamin Jones officiating.*

*Graveside service for MRS. VERETTA HOLLINGSWORTH (b. 1943) was held Saturday, July 23, at Valhalla Memory Gardens.*

*Funeral service for MR. CORNELL DRAKE (b. 1944) was held Monday, July 18, at First Missionary Baptist Church with The Reverend Dr. Don Darius Butler officiating.*

### ROYAL FUNERAL HOME

4315 Oakwood Avenue  
Huntsville, AL 35810 - (256) 534-8481

*Funeral service for MR. LARRY RICE, SR. (b. 1959) will be 1 p.m., Saturday, July 30, at the Blue Spring Road Church of Christ (2150 Blue Spring Road, Huntsville, Ala.) with Dr. Floyd Rodgers officiating.*

*Funeral service for MRS. LOIS HUMPHREY GRAHAM (b. 1928) was held Wednesday, July 27, with Pastor Sandy Kinslow officiating and Elder Sammie Sanders as eulogist.*

*Funeral service for MRS. ROBERTA JONES BATTLE (b. 1934) was held Sunday, July 24, at the Union Chapel Missionary Baptist Church (315 Winchester Road NE, Huntsville, Ala.) with Pastor O. Wendell Davis officiating.*

*Funeral service for MR. DAVID LEE JONES (b. 1948) was held Saturday, July 23, at the Blackburn Chapel C.P.C.A. (507 Plummer Rd Huntsville, Ala.) with Pastor Tramaine Snodgrass officiating.*

*Funeral service for MS. MARY BERTHA HARRIS (b. 1927) was held Monday, July 18, at the Union Hill Cumberland Presbyterian Church in America (3126 Nevel Drive, NW Huntsville, Ala.) with Reverend Clint Scales, Sr., as the eulogist and Reverend Dr. Edward Anderson officiating.*

### SERENITY FUNERAL HOME

2505 University Drive NW  
Huntsville, AL 35816 (256) 539-9693

*Funeral service for MS. ASHLEY WILLIAMS was held Saturday, July 23, at Serenity Funeral Home, at 2 p.m.*

*Funeral service will be announced at a later date for MS. GEORGIA WILSON*



THE VALLEY WEEKLY

# VALLEY EVENTS

HAPPENINGS, ACTIVITIES &amp; MORE!

**Thru July 29**

Mae Jemison Jaguar Tennis  
Sponsor: Youth Development Association

Summer Tennis & Reading  
Camps

(Ages 5-18)

Beginners: \$160;

Intermediate/Advanced:  
\$200

Contact: Coach Garrett

E-mail: y.d.a@att.net

**August 2**

"Your Life, Your Huntsville" - Monthly Forum

Sponsor: Councilman John Meredith

First Floor Chambers

City Hall - 4 p.m.

**August 5-7**

DL Hughley

Comedian

Stand Up Live Huntsville

Huntsville, Ala.

**September 17**

Bulldog Football vs. Austin Peay

Louis Crews Stadium

Alabama A&M University

2 p.m.

**October 1**

Bulldog Football vs.

Bethune-Cookman University

Louis Crews Stadium

Alabama A&M University

2 p.m.

**October 4**

Concert

Earth, Wind & Fire

Orion Amphitheater

www.axs.com

**October 8**

Bulldog Football vs. Grambling State University

Louis Crews Stadium

Alabama A&M University  
1 p.m.

**November 12**

Gulf Coast Challenge

AAMU vs. Jackson State University

Ladd-Peebles Stadium

Mobile, Ala.

**November 19**

Bulldog Football vs.

Texas Southern University

Louis Crews Stadium

Alabama A&M University

1 p.m.

## NAAACC Meetings

The North Alabama African American Chamber of Commerce (Huntsville) meets monthly on the 3rd Tuesday at 12 noon.

The meeting location varies. Call (256) 564-7574.

**JULY 29 - DAK PRESCOTT** - Rayne Dakota "Dak" Prescott is an American football quarterback for the Dallas Cowboys of the National Football League (NFL). He played college football for the Mississippi State Bulldogs and was selected by the Cowboys in the fourth round of the 2016 NFL Draft.

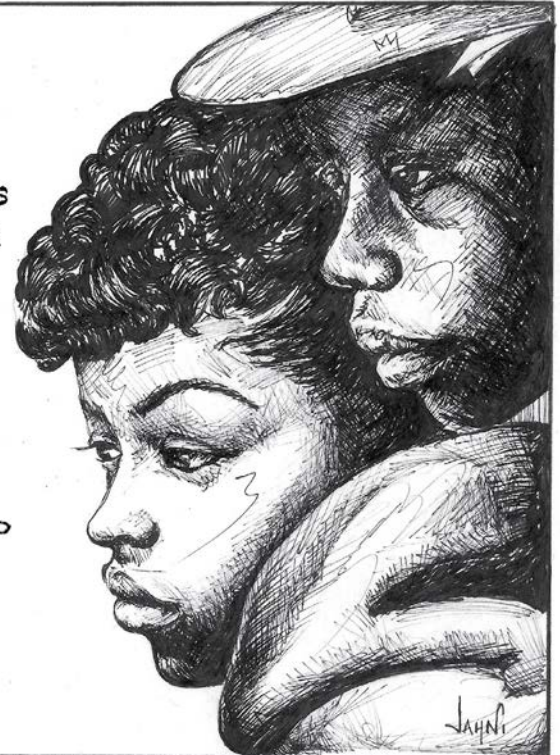


- BlackCelebrityBirthdays.com

## PowerShot

"None of us knows what might happen even the next minute, yet still we go forward. Because we trust. Because we have Faith."

Paulo Coelho



"When it was over, it was not really over, and that was the problem."

— Frank Yerby

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## First and At Last: An HBCU Sister in the House (and the Senate, too!)

*"You will stand trial before governors and kings because you are my followers. But this will be your opportunity to tell the rulers and other unbelievers about me." - Matthew 10:18*

Here, Jesus predicted that his disciples would stand tall and tower as they represent him before top officials.



On July 13, Mary McLeod Bethune's unveiled 11-foot statue represented the first Black person in the state collection in the U.S. Capitol Statuary Hall, Dr. Mary McLeod Bethune Statue Unveiling.

The statue of this HBCU founder, civil and women's rights activist replaced Confederate general Edmund Kirby Smith's.

Let's just brand July unofficially as "#BlackGirlMagic Month"! Bethune's legacy reminds us of the continuing victorious struggle for human rights and HBCU advocacy.

In last week's column, "June 30 - July 7: Early Signs of "#BlackGirlMagic 2.0"?," <https://bit.ly/3cBnxGI>, I chronicled the June/July milestones of Supreme Court Justice Ketanji Brown Jackson, Attorneys Letitia James and Fani Willis, and Presidential Medal of Freedom recipients Simone Biles and Sonda Lind-say; for now, Bethune's honor completes July's #BlackGirlMagic honor roll.

Born the 15th of 17 children to former slaves Bethune took five girls, her son Albert, and \$1.50 and found HBCU's Bethune-Cookman College (now University) in 1904, one of the first woman college presidents at that time.

In 1938, when he appointed her the Negro Affairs director of the Great Depression's National Youth Administration, President Franklin Roosevelt made her the first Black woman to head a federal agency.

Fittingly, her new Capital Hill statue is inscribed with one of her favorite sayings: "Invest in the human soul. Who knows? It might be a diamond in the rough."

In what ways are you and I preparing the next round of #BlackGirlMagic-ians? They might not become a Statuary Hall honoree but they can certainly tower over their circumstances.

Perhaps that's what Jesus was forecasting for his followers - like Mary McLeod Bethune.



## COVID-19 Assistance

### UNITED WAY COVID-19

Assistance Fund

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[www.uwmadison-county.org](http://www.uwmadison-county.org)

Get Assistance: Call 211

**SMALL BUSINESSES**  
disastercustomerservice@  
sba.gov  
(800) 659-2955

**COVID-19-RELATED UNEMPLOYMENT**  
Alabama Department of Labor  
(866) 234-5382  
[labor.alabama.gov](http://labor.alabama.gov)

**MADISON COUNTY HEALTH DEPARTMENT**  
(256) 539-3711

**LATEST COVID-19 INFORMATION**  
Alabama Department of Public Health  
[www.alabamapublichealth.gov](http://www.alabamapublichealth.gov)

Centers for Disease Control and Prevention  
[cdc.gov](http://cdc.gov)

**TAKEOUT/DELIVERY RESTAURANTS**  
<https://hsvchamber.org/restaurant-deliveries-take-out-food-service-providers/>

# TVW Author-Columnist Offers Book Promo

Beginning this Wednesday, July 27, TVW author-columnist tim allston is offering his latest 4-in-1 book, *The U.S. COVID-19 CRISIS: What Experienced 2020 . . . What Learned 2021 . . . What Now 2022?* for just \$.99 (a 94% discount!) for only seven days until Tuesday, August 2nd.

The U.S. COVID-19 CRISIS' paperback and digital book versions, originally priced at \$14.97, feature a BOGO (buy-one/get-one-free) bonus: an embedded free audio-book version - as a limited-time offer.

The videobook as the book's fourth format version will combine video, still photo images, narration, text, and music. It's scheduled for publication later this summer.

"In publishing *The U.S. COVID-19 CRISIS*, I am probably the first COVID-19-victim-turned-COVID-19-Victorious to share his journey in these four book publishing formats," explained allston, a two-time Amazon best-selling author.

"With this latest COVID-19 resurgence, 1,020,000 American COVID-19 deaths, and 90 million positive-test victims - the latest two most prominent 'claimants' being our twice-vulnerable 79-year old U.S. President Joe Biden (July 21) and his 81-year old Chief Medical Advisor Dr. Anthony Fauci



(June 15) - I as thrice-vulnerable (a 68-year old African American male) feel it my duty to tell my COVID-19 victim-to-survivor-to-Victorious story to as many vulnerable groups and individuals as

possible.

"That's why it'll be available beginning July 27th for only \$.99!"

For more information, go to [www.amazon.com](http://www.amazon.com), [www.timallston.com](http://www.timallston.com), or call 256-212-0949.



Tennessee Valley Diversity Leadership Colloquium is currently accepting applications for Cohort XIV.

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**Application Deadline: August 7, 2022**



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THE VALLEY WEEKLY

# **CALLLED 2 PREACH**

REV. MICHAEL RICE

## **The Familiarity of Gethsemane**

Gethsemane is the place where Jesus went to pray for the final time before going to Calvary.

It is mentioned by name by Matthew and Mark, but Luke and John refer to it as simply, the place. It was also Luke and John who mentioned that this place was a familiar place. It was this familiarity of Gethsemane that made it an easy find for Judas the betrayer. Jesus' frequent



visitations with His disciples serves as a pedagogical portrait of the kind of consistency needed by believers on their journey of faith.

Walking with God cannot be sporadic or spurious. It must have an authenticity marked by measurable variables that can be seen or heard or handled. It was this familiarity that kept Jesus in a repetitious resolve resulting in Him being able to say to His sleeping disciples, "Sleep on; take your rest."

In His humanity, His struggle with the will of God was real and proved to be redemptive when He relinquished His own will for that of His Father.



The writer of Hebrews recorded that Jesus is our Great High Priest who sits upon the throne of grace with present help available to every believer because He identifies, with empa-

thetic awareness, with the weaknesses of those who call on Him.

It is Jesus' familiarity with Gethsemane that served Him in His hour of need.

It is the believer's familiarity with Gethsemane that helps him/her develop the same kind of trust that Jesus displayed.



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## *This Sunday's Lectionary*



Sunday, July 31, 2022

Eighth Sunday

After Pentecost

(Track 2 - Year C)

Ecclesiastes 1:2, 12-14;

2:18-23

Colossians 3:1-11

Luke 12:13-21

Psalm 49:1-11

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Rosetta James Foundation "Spotlight on Our Elders" ... Featuring

## Dr. Army Daniel

Dr. Army Daniel, Jr., is a respected mathematician, educator and consultant whose unique talents have been highly sought for decades. He lists among his extensive academic credentials degrees culminating with the doctorate through his matriculation and additional studies at Alcorn State University, Tuskegee University and Michigan State University. Dr. Daniel also excelled in both high school and college sports, lettering in football, baseball, track and tennis.

A retiree of Alabama A&M University, he taught mathematics and physics, directed Special Services and Freshman



Studies, and has served as an assistant provost. He frequently serves as consultant to the U.S. Department of Education. Dr. Daniel is president and CEO of DDN Associates, a consulting firm. He has also served as a trustee, policy committee head and

past chairman of the board for Bethel University (2009-15). He is also Chairman Emeritus of the Board of Directors of the North Alabama Center for Educational Excellence, based in Huntsville, Ala.

Daniel is a dedicated member of Church Street Cumberland Presbyterian Church. The administrator also is the past moderator of the General Assembly of the Cumberland Presbyterian Church in America, the highest office in the denomination.

Dr. Daniel is a member of the Delta Theta Lambda Chapter of Alpha Phi Alpha Fraternity, Inc., and he has been involved in numerous community and civic organizations.

"Spotlight on Our Elders" is a weekly feature sponsored by the Rosetta James Foundation to promote volunteerism and activism in our community among those who are 70-plus. The Foundation also provides scholarships. Learn more about us at [www.rosettajamesfoundation.org](http://www.rosettajamesfoundation.org). Know an outstanding elder (70+) that you would like to see featured? Send us a photo and 250-word write-up to [info@valley-weeklyllc.com](mailto:info@valley-weeklyllc.com).



## Regions Bank Gives \$30K for Student Financial Wellness at UAH

The University of Alabama in Huntsville (UAH), a part of The University of Alabama System, announced that the UAH College of Business (COB) has received a \$30,000 gift to fund a new Financial Wellness Program.

This support will enable the COB to fully implement a Financial Wellness Program that will provide students the opportunity to learn about financial planning and garner tools and resources to help safeguard their financial futures.

"We are grateful for the

commitment of Regions Bank to UAH, our students and the financial wellness of our community," says Dr. Jason Greene, dean of the College of Business. "Students who are selected to participate will complete a three-week program in which they are taught sound principles influencing financial wellness, such as personal budgeting, saving, credit cards and debt. In addition to being better prepared with financial knowledge, students who complete the program earn a scholarship

that is made possible by the Regions Bank gift."

To prepare for this new offering, the COB piloted a program in 2020-2021 that generated noteworthy results indicating that such a program would greatly benefit the student population as a whole.

"With support from Regions Bank, the College of Business developed a financial wellness curriculum that is delivered to students, with a focus on students with financial need," explains Dr. Greene.

*"Those who say it can't be done are usually interrupted by others doing it."*

- James Baldwin



# Boys and Girls Clubs Presenting Annual Leaders and Legends Dinner

The Boys and Girls Clubs of North Alabama is opening the sale of individual tickets to the 2022 Leaders & Legends Dinner with Drew Brees for \$315 on Wednesday, July 27, at the Von Braun Center South Hall, 6 p.m.

Individual seating is very limited, so don't wait if you want to participate.

Please call (256) 534-6060 or e-mail [jturner@bgcnal.com](mailto:jturner@bgcnal.com) for more information.




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