

"BLOK" Fest Set for Lowe Mill

The 5 Points Blok Festival will be held Saturday, August 18, at Lowe Mill, located at 2211 Seminole Drive SW, Huntsville, from 5:45-10:45 p.m..

The 5 Points
Blok is a multi-cultural
arts and entertainment festival designed to enhance
the arts and culture in the
Tennessee Valley as well as
throughout the southeast
region.

Last year with the support of sponsors, over 400 benefited and experienced



local art, music, fashion and commerce, according to event organizers.

Vendors, sponsors and volunteers have been able to download and submit application on the website. For more information, e-mail 5PointsBlok@gmail. com or visit 5PointsBlok. com.

Educator to Address Student Success

Saundra Y. McGuire, internationally recognized educator, author and lecturer will visit the University of Alabama in Huntsville (UAH) Aug. 23-24, to facilitate workshops for faculty, staff and students on metacognition and student success.

Dr. McGuire, the author of the best selling book "Teach Students How to Learn," was invited to the UAH campus by Provost Christine Curtis to lead several workshops. Three sessions have been



designed with faculty and staff in mind. In addition, three workshops are also planned for students.

The Southern University and Cornell graduate has delivered keynote addresses and presented workshops at over 400 institutions in 47 states and nine countries.

HCS Names Superintendent

A Valley area school system has named its interim superintendent to the position permanently while also working on its financial struggles.

News outlets report the Huntsville City Schools Board of Education voted Thursday night to appoint Christie Finley as superintendent. The board also heard presentations from Deputy

Superintendent of Finance, Bob Hagood, and an auditor about an October 2017 \$5 million accounting error that could mean it won't have its required reserve of one month's operating expenses by September 2019.

The school district is projected to have \$1.8 million in reserve by September 2019 rather than the nearly \$18 million it should have saved.

Board President Elisa Ferrell calls the situation a budget crisis. Finley says officials need to examine what can be done soon to preserve the classroom environment.



"The Hill" Readies for Fan Day

Louis Crews Stadium on the Alabama A&M University campus is the place to be Saturday, August 18, as hundred of athletic Bulldogs greet their many fans and supporters from 11 a.m.-2 p.m.

There will be something for young and old, including poster autograph sessions, inflatables, face painting, punt-pass throw, dunking booths, corn hole, velocity throw and more.

The AAMU football scrimmage game will follow at 2 p.m.

The public is invited to this free event.



Women's Groups Hold Candidates Forum

The American Association of University Women (AAUW), The League of Women Voters and United Women of Color are sponsoring a City Council Candidates Forum for the upcoming municipal elections.

Districts 2, 3 and 4

candidates will introduce themselves and answer questions on Thursday, August 16, 2018 at the Public Library Auditorium at 915 Monroe Street, Huntsville,

The forum will begin at 6 p.m. and end at 8 p.m. The public is invited.



Spotlight on Elders: Elder T. Marshall Kelly, Page 2

From the Editor, Page 3
Seinfield Coming to VBC, Page 5
Called 2 Preach, Page 6
Millennial Thought, Page 7
New College Student with Allergies, Page 8

Spotlight on Our Elders ... Featuring

Elder T. Marshall Kelly

T. Marshall Kelly, a bassbaritone singer and composer, has enjoyed a career as an internationally known soloist, ordained minister, radio personality, and award-winning religion teacher in the Seventh-day Adventist church. From his earliest years, religion and music have been focal points in his life.

Born and raised in Cleveland, Ohio, Marshall, the only child of Louis and Mary Kelly, began singing in a male quartet at age twelve. He attended Oakwood Academy and Oakwood College, now University, where he sang in the OC male chorus and in its popular male quartet, the Velvetones, before transferring to Emmanuel Missionary College, now Andrews University, in the early 1950s to earn an accredited four-year degree.

Following graduation from EMC in 1952 with a degree in religion, Kelly became a pastor

The Valley Weekly

Calendar of Events

Exhibit

Nature's Realm"

August 23-25

Von Braun Center

Louis Crews Classic

Huntsville, Ala.

10 a.m.-4 p.m.

September 1

Miles College

in Chicago, and in December 1952, married Garnet Jean Garland from Cleveland,

Ohio, a graduate of Pine Forge Academy in Pennsylvania. They would have a son, Eric, and a daughter, Nadine.

In the next 25 years, Kelly would serve in the Lake Region Conference, pastoring at Fort

Wayne, Marion, and Muncie, Indiana; Inkster, Michigan; Chicago again; and in the Burns Avenue Church in Detroit. During those years he enjoyed great success as a pastor and evangelist and as a sought-after singer. A highlight of those years was his assisting E. E. Cleveland, legendary preacher and evangelist, with the music in a nearly

August 19-November 11

"Looking at the Collection:

Saved in the City Conference

Alabama A&M University vs.

Louis Crews Stadium, 6 p.m.

www.thewomensexpo.org

Huntsville Art Museum

two-month long evangelistic crusade in Australia in 1971. Hundreds were converted

> by their efforts through the power of Cleveland's persuasive speaking and Kelly's deeply-felt singing. Cleveland observed at that time, "The rich velvet voice of T. Marshall Kelly was an indispensable blessing to the

success of the campaign. He was accorded the supreme tribute of being rated as 'a second Paul Robeson."

For over 30 years he has had a Sabbath afternoon radio talk show program at 5 p.m. on what is now WJOU, 90.1 FM. He has also released other recordings, including "For Your Encouragement" and "Hymns for Him."

September 2

Annual Caribbean Day at the Park Family Fun Day www.CANAonline.com (256) 606-6878 11 a.m.-7 p.m.

Jazz in the Park Big Spring Park East Downtown Huntsville 6-9 p.m.

September 8

Bulldog Football Alabama A&M vs. UNA Louis Crews Stadium, 6 p.m.

Grandparents Day RiahRose Home for Children

September 9

EarlyWorks Museum (256) 489-4348 1:30 p.m.



Free to the Public

August 17

5-9 p.m.

August 18

Battle of the Food Truck

Big Spring Park East

Athletics Fan Day

11 a.m.-2 p.m.

Lowe Mill

Louis Crews Stadium

5 Points BLOK Festival

2211 Seminole Drive SW

(By Buffalo Rock Company)

Alabama A&M University

BIRTHDAY - August 17 - MARCUS MOSIAH GARVEY - Born in St. Ann's Bay, Saint Ann Parish, Jamaica. He is known for advancing Pan-African philosophy and as the founder of the Universal Negro **Improvement Association (UNIA).** - BlackinTime.info

Champion Game Plan for Life

by Preston Brown

Matthew 6:24 tells us that "No one can serve two masters." Either he will hate the one and love the other or he will be devoted to one and despise the other. One cannot serve both God and money.

For many Christians that are doing well financially, there will always be the question of how much is too much? And what's wrong with having money anyway? And, if it is wrong to have too much money, why is it wrong? But you know sometimes it's easy to have good intentions but bad motivations for doing something. For example, we seem to live in a time where all the wrong things are emphasized. So often we worry more about material

possessions instead of life itself. Luke 12:23 tells us that life is more than food and the body more than clothes. Therefore, since life is short in terms of eternity, Jesus is saying to all of us that we need to concentrate on what is truly important. Yet so often we gravitate towards things that are meaningless.

You know there was a story of a father who lost his fortune and had to lay off all of his employees. He also had to get his parents to take care of his children. One evening when this father came home, filled with the anxieties from work, his little girl climbed up on his lap and put her arms around his neck and said, "Daddy, I don't want you to be rich again. Because when you were rich, you didn't come into our



rooms and talk to us or read us a story or anything like that. But now we can come around

you and hug your neck and kiss you and listen to your stories. So daddy don't get rich again."

When we read a story like this, it's easy to see how someone can get caught up with the worries that wealth can bring, and end up sacrificing the things that we really need, which is a relationship with people that we love. We can allow ourselves to get so busy trying to provide for our families that we miss what is truly important Stay encouraged, my brothers and sisters!

The Memorable NMPJ Visit - Part 2

by Linda Burruss

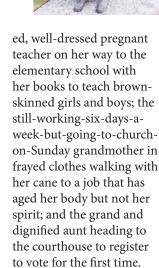


The National Memorial for Peace and Justice recognizes that African American women have always been part of the struggle for peace and justice. There is the reflection space (Memorial Grove) in honor of Ida Bell Wells-Barnett. As an educator and activist, she documented the lynching of African Americans in the United States. A memorial plaque

honoring Rosa Parks has



three unnamed female statues. They are not identified because we will never know by name those African American women who were victims of physical violence and mental humiliation but sacrificed all as part of the struggle. When you reach this part of the memorial, you have to write the story. My story of the three women all riding on the same bus applauds the college-educat-



Valley Weekly

Publisher The Valley Weekly, LLC

Editor-in-Chief Dorothy W. Huston, Ph.D.

Editorial Consultant/ Senior Editor

Jerome Saintjones, Ed.S.

Editorial Assistants

Linda Burruss Phyllis Chunn Gary T. Whitley, Jr.

Advertising Associate Phyllis Chunn

Writer/Sales/Photography Reginald D. Allen

- Contributing Editors -

Reginald D. Allen Lamar A. Braxton, Jr. Minister Preston Brown Ron Hamm David Herron Pastor Michael D. Rice Melissa Wilson-Seloma

Website Administrator

Calvin Farier

Mailing Address:

The Valley Weekly 415A Church Street - Suite 100 Huntsville, AL 35801 (256) 651-9028 www.valleyweeklyllc.com

Copyright 2018 Items for consideration for publication in The Valley Weekly should be submitted at least TWO weeks in advance to above address or by e-mail to info@ vallevweeklyllc.com. Items do not necessarily reflect the views of The Valley Weekly, LLC.

Submissions to TVW do not necessarily reflect the belief of the editorial staff and TVW is not responsible for the authenticity of submissions.

The Valley Weekly

Ad Rates Single Issue

\$50

Back Cover

Sixteenth Page

	10x10-inches	\$1,000	
Full Page	10x10 inches	\$800	
3/4 Page	7.5x10 inches	\$600	
Half Page	Horizontal		
_	5x10 inches	\$400	
	Vertical		
	10x5 inches	\$400	
Fourth Page			
	5x5 inches	\$200	
Eighth Page			
	2.5x5 inches	\$100	

(4 col. in. minimum=\$24)

2.5x2.5

6 Month/1 Yr.-10% & 20% Discount!

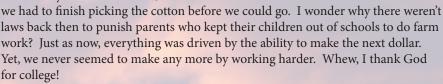
Classified 1 col.x1 inch

rom the Editor

Our Children are in School ... Slow Down!

It seems that we are going back to school earlier and earlier. Times have really changed. The day after Labor Day was the earliest we could even think about going to school and most years it was later

> in the month of September. That's because my dad was a farmer, and



Our children are back in school, and its time to slow down. During the summer months, we have less traffic because the buses are not running, parents are not dropping off and picking up children, crossing guards are on vacation, and the school zone lights are not flashing. So, we zip from here to there with full knowledge that we have fewer things to slow us down or to stop us other than the city, county and state law enforcement officers. None of us want that, so let's slow down.

Not only should we slow our cars, but we need to slow our pace. Take time with me to mentor or tutor a child. I never ask anyone to do something I am not willing to do. So, join me in making a difference in our local community by giving of your time and talent to a school or organization that supports the education of children. This is not a rhetorical request; it's real.

If you will take the time and have the desire, please e-mail me at info@valleyweeklyllc.com. We are piloting a project to make a difference in a place where our children need us! More to come when you e-mail me.

Remember, we are a 'progressive' city. With that, we must make sure we have excellent schools in all of our communities. Our nine-year-old nephew visited us for two weeks this summer. Toward the end of his stay, he shared with us that he'd like to go to school in Huntsville so he could study "space and stuff." Even a nine-year-old observed that we had some things to offer an elementary school child that his home community did not offer. So, won't you join me in ensuring that our children understand and pursue the possibilities?

Also, if you are looking for something to do Friday evening, join us at Burritt on the Mountain for their outdoor concert. You can order a ticket online at burrittonthemountain.com; bring your picnic basket, blanket or lawn chair; and come up to the best view in Huntsville for an enjoyable evening of music. I believe there are food trucks, if you don't have time to slow down to get the basket 'thing' together.

Let's slow the pace. Fall is in the air.

Until next week ...





Dorothy



Where to Find Your FREE Copies of The Valley Weekly

AAMU Public Relations Office

Albert's Flowers

Alphonso Beckles, Attorney at Law

Bob Harrison Senior Wellness Center

Briar Fork CP Church

Bryant Bank - Church Street

Chris' Barber Shop

Depot Professional Building

Dunkin Donuts

Eagles' Nest Ministries

Fellowship of Faith Church

Fellowship Presbyterian Church

Health Unlimited

House of Hope and Restoration

Huntsville Bible College

James Smith - AllState Insurance

Lakeside United Methodist Church

Lucky's Supermarket

Marshall England - State Farm Agent

Martinson & Beason, PC

Nelms Memorial Funeral Home

N. Ala. Center for Educational Excellence

Oakwood University Post Office

Regency Retirement Village

Rocket City Barber Shop

Sam and Greg's Pizza

Sav-A-Lot

Sneed's Cleaners

Starbucks (Governors Drive, N. Parkway at

Mastin Lake Road/University Drive)

Union Chapel Missionary Baptist Church

Comedian Will Use Yondr for Huntsville Show

So, what's the deal with cell phones?

Point blank, Jerry Seinfeld doesn't like them. The popular stand-up comedian is set to perform the Von Braun Center Friday, Aug. 17, and he wants you to leave the kids at home and your handhelds in your pocket.

The veteran comic is one of many to enforce a no-recording or photo policy for shows. Seinfeld is partnering with Yondr, a company based out of San Francisco that manufactures patented cases that neutralize cell phones. Upon entering the venue, patrons will place all electric devices (silenced or on vibrate mode) in special magnetized pouches that can only be opened by onsite staff. Once devices are secured, attendees maintain possession of the pouches for the duration of the



show. Electronics can only be retrieved when exiting the venue or outside of the performance area.

Launched in 2014 by Graham Dugoni, Yondr packs have been used by a myriad of entertainers that prefer to keep their sets from being posted on to social media sites like Facebook and You-Tube. According to Dugoni, an electronic-free environment cuts distraction, allowing patrons to "live in the moment." Chris Rock, Alicia Keys, Guns N' Roses, Dave Chappelle and John Mayer have been some of the more notable performers to use the neutralizing pouches for

their shows.

Seinfeld is best known for his self-titled sitcom that ran for nine seasons on NBC, where he played a fictional version of himself opposite Jason Alexander, Michael Richards and "Veep" star Julia Louis-Dreyfus. The 64-year-old currently stars on the Netflix series "Comedians in Cars Getting Coffee," where he pairs his love of caffeine and classic automobiles. In 2005, the New York comedian was named the 12th best comedian of all time and, as of 2017, the highest paid jokester.

Tickets can be purchased online or at the box office. For more information on Seinfeld's performance, please visit www.VonBraun-Center.com or call (256) 533-1953.

by Reggie Allen



- Nelms Memorial Funeral Home -

Funeral service for MR. JOHN WILLIAM HARDIN, JR., (b. 1936) was held Thursday, August 16, at West Mastin Lake Baptist Church (4705 Mastin Lake Road NW - Huntsville, Ala.) with Pastor Willie Hinton officiating.

Funeral service for MR. CONLEY LEE DARWIN (b. 1935) was held Tuesday, August 14, at Saint Mark Baptist Church (6475 Moores Mill Road - Huntsville, Ala.) with Elder Jeremiah Chester officiating.

Funeral service for MR. ANDREW REAVES, JR., (b. 1949)was held Saturday, August 11, at Saint Minor Primitive Baptist Church (Guntersville, Ala.) with Pastor Mario Ford officiating.

Funeral service for MS. TALESHA R. BRADFORD (b. 1988) was held Tuesday, August 7, at the Nelms Memorial Funeral Home Chapel with Pastor Versey L. Jones officiating.

- Royal Funeral Home -

Funeral service for DEACON JOE "SHINE" BAKER will be 1 p.m., Saturday, August 18, at the Pine Grove Missionary Baptist Church with Dr. C. Jermaine Turner officiating.

Funeral service MRS. GENEVA SCALES WRIGHT (b. 1938) was held Thursday, August 16, at the Fellowship Presbyterian Church (3406 Meridian Street, Huntsville, Ala.) with Pastor Gregory J. Bentley officiating.

Funeral service for MR. CEDRIC LAMONT LIPSCOMB (b. 1982) was held Saturday, August 11, at the Syler Tabernacle (904 Oakwood Avenue, Huntsville, Ala.) with Elder Phil Ford officiating.

Funeral service for MR. ROY LEE GARNER, SR., was held Saturday, August 11, at Madkins Chapel Cumberland Presbyterian Church (2403 Oakwood Road, Huntsville, Ala.) with Dr. Mitchell Walker officiating.

Funeral service for MRS. CARRIE MAE JORDAN (b. 1935) was held Friday, August 10, at Lakeside United Methodist Church (3738 Meridian Street, Huntsville, Ala.) with Pastor Tomasi Muhomba officiating.

Funeral service for DEACON HAROLD SONNY Mc-GHEE (b. 1955) was held Tuesday, August 7, at the All Nations Worship Assembly (6300 Stringfield Road, NW, Huntsville, Ala.) with Pastor Adrian Davis officiating.

- Serenity Funeral Home -

Funeral service for MR. KING AHMIR MARTIN-GAINES will be announced at a later date.





Here are the happenings in *Washington, D.C., this week:*

- 1. The Senate reconvened on Wednesday after its weekand-a-half recess. The House is in recess until September 4. The Senate this week continued its work on the FY2019 appropriations bills and took up a package containing the FY19 Labor/HHS and FY19 Defense appropriations bills. To date, the full Senate has approved 7 of the 12 FY2019 appropriations bills: (1) Energy and Water, (2) Military Construction/Veterans Affairs; (3) Legislative Branch, (4) Interior, (5) Financial Services, (6) Transportation/ HUD, and (7) Agriculture, while the full House has approved 6 of the FY19 bills: (1) Defense, (2) Interior, (3) Financial Services, (4) Energy and Water, (5) Military Construction/Veterans Affairs, and (6) Legislative Branch. Fiscal Year 2019 begins on
- October 1. 2. President Trump travelled to Fort Drum in upstate New York for a bill signing ceremony for the FY2019 Defense Authorization bill and also participated in fundraisers for Reps. Claudia Tenney (R-NY) and Elise Stefanik (R-NY). On Thursday, he held a cabinet meeting at the White House.
- 3. On Monday, the bank and tax fraud trial of former Trump campaign manager Paul Manafort resumed for its 3rd week in federal court in Alexandria, VA. Special Counsel Robert Mueller's team called banker James Brennan as the last witness for the prosecution.
- 4. Last Friday (August 10), Senate Judiciary Committee Chair Chuck Grassley (R-IA) announced that committee hearings on Supreme Court nominee Brett Kavanaugh

will start on September 4. The 2018-2019 Supreme Court term begins on October 1. According to Politico, Planned Parenthood has purchased a "sixfigure" TV ad buy in Maine and Alaska to

persuade Sens. Susan Collins (R-ME) and Lisa Murkowski (R-AK) to vote "no" on the nomination.

5. Last Friday (August 10), **Education Secretary Betsy** DeVos unveiled a proposal to rescind the Obama-era "gainful employment" regulation "that seeks to cut off federal funding to programs at for-profit schools and other career colleges where students graduate with large amounts of debt relative to their income." Secretary DeVos said eliminating the rule lets the Education Department treat colleges more "fairly." She stated that "instead of targeting schools simply by their tax status, this administration is working to ensure students have transparent, meaningful information about all colleges and all programs."

6. Last Thursday (Aug. 9),

Senate Homeland Security and Governmental Affairs Chair Ron Johnson (R-WI) sent a letter to Commerce Secretary Wilbur Ross citing complaints from Wisconsin businesses on the process to obtain exclusions from the Trump Administration's steel and aluminum tariffs, which he said had already cost one Wisconsin company \$2.6 million. The letter also requests that Secretary Ross supply his committee with numbers showing how many exclusions requests have been made and denied and how many domestic steel producers have objected to them. Read the full letter here: https:// www.hsgac.senate.gov/media/ majority-media/johnsonprobes-commerce-on-tariffexclusion-process

Hamm Consulting Group 400 North Capitol St., NW Suite 585 Washington D.C. 20001 202-596-8384

Called Preach

by Pastor/Founder Michael D. Rice Grace Gethsemane Mission Church

Command and Compliance

In the story of the ten lepers, there are two responses that teach a very valuable lesson. First, there is the response of Jesus to the request for mercy by the ten lepers. The law separated them from society both spiritually and socially. However, their voices carried them into the presence of Jesus as they cried out for mercy. Jesus' command to them was, "Go show yourselves to the priests." This was His way of allowing the lepers to participate in their own deliverance from their disease. The lepers responded with compliance to Jesus' command and as they went they were healed. They responded in faith and it was that act of obedience that put them in the flow of the stream of power that went

Huntsville City Council Meetings

Huntsville City Council's regular meetings are held in the



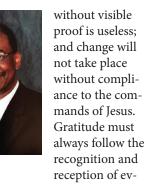
City Council Chambers of the Municipal Building on the 2nd and 4th Thursday of each month at 6 p.m. Council work sessions are also held in the Chambers of the Municipal Building on the 1st and 3rd Thursday of each month at 6 p.m.

For more information, call (256) 427-5011.

forth from the lips of Jesus and they were healed. Note how the command of Jesus involved the "showing" of themselves. In other words, the change had to be visible and verified. Such is

still the mandate for the believer when it comes to our witness to both believers and unbelievers. Whether we intend to or not, we are always showing ourselves. The verifiability of

change can only be known by what others see. Verbal proclamations of change



ery act of mercy extended to us, even if we're the only one to do so.



Ivory W. Reedus, LUTCF

Agent AL #A-058076

New York Life Insurance Company

200 Clinton Avenue, Suite 600 Huntsville, AL 35801 Tel: 256-517-5922 Direct

Tel: 256=852-7328 Fax: 256-593-1842

ireedus@ft.newyorklife.com New York Life "The Company You Keep"



Dedicated To You. Delivering Results.

Personal Injury | Auto Accidents | Probate & Estate Administration Corporate Law Real Estate Law Divorce Criminal Law

Contact Us

Phone: 256-533-1667

Fax: 256-533-1696

info@martinsonandbeason.com

www.martinsonandbeason.com facebook.com/martinsonandbeason









No representation is made that the quality of the legal services to be performed is greater than the quality of legal services performed by other lawyers.



WOMACK & ASSOCIATES LLC

"Partnering With You to Make Informed Decisions"

*Comprehensive Financial Planning *Estate Planning *Accounting Services *Tax Planning and Preparation for Individuals, Businesses, Estates and Trusts To learn more contact us:

Lori A. Womack, CPA/PFS, CFP® Managing Member

lwomack@womackassociatesllc.com

4650 Whitesburg Dr S, Suite 101 Huntsville, Alabama 35802 256-534-1360



Setting the Stage

Don't you love theatre? It is truly mesmerizing what beauty results after arduous weeks of revisions and rehearsals and set building. And, in two hours, you witness what took months to build. Truly encapsulated by the performances of the actors and actresses, you feel as though you have been granted entry into a world that is not your own. For the next days, you are likely to go on and on about how impressive the work was, the extent to which it was well-written, and the dynamic merit of the cast.

You are *not* likely, however, to remember that intricate lighting cue in the second scene of act three. Or how the prop tree was specifically placed adjacent to the prop bench. You might have even missed that one line from the beginning that foreshadowed the end of the play.

Whether you noticed these elements or not, they all played a considerable role in your overall enjoyment of the production. Of course, glory is not distributed evenly. But this does not discount the work of all hands that made the work possible.

In life, you will find that sometimes it is simply your role to set the stage. Your pride will fight you on this. It might convince you that if you are not in a position to be exalted, then the work you are preparing to put in will be futile. This is not true.

Imagine a production with no stage crew. Just that quickly you see how many hands behind the scenes play a role in what you come to know as beautiful.

And, in life, you will find yourself doing the same. Just because you are not standing on the stage does not mean that your effort in setting it goes unrewarded.

Native to the Valley area, Josh Alex Baker is a senior social work major at Alabama A&M University.



Design • Print 256-539-1658

Mail • Promotional www.xcelprint.com



Marshall England, Agent

600 Madison Street, SE - Suite B Huntsville, AL 35801 Bus: 256.539.2014 marshallengland@marshallengland.com





www.marshallengland.com



Lunch & Experience at The View
Enjoy a presentation by one of our expert guest speakers,
followed by a delicious catered box lunch from The Chef Next Door.
Tickets are \$25 in advance.

2Chefs at The View
Join us at our table for an exclusive evening of exquisite dining and wine pairings under the stars.
Reservations are limited and prices vary depending on menu.

For The View event details and tickets, visit burrittonthemountain.com!

3101 Burritt Drive . Huntsville, Alabama 35801 . 256.536.2882

HOME OF
HENRY'S

2 Sausage Biscuits
for \$4!

WOODY ANDERSON

2500 Jordan LN NW (256) 517-1288 HenrysMustangCafe@gmail.com WoodyAndersonFord.com (256) 539-9441



Breakfast Served Monday thru Saturday 6:30am until 11:00am

> LUNCH SERVED MONDAY THRU FRIDAY 11:00AM UNTIL 2:00 PM

Tips for the New Valley College Student with Allergies

(BPT) - Going to college is the first time many young adults will be away from their parents and their home.

With this newfound freedom comes new responsibilities, especially for those with allergies and asthma and who are attending college in the Tennessee Valley area.

"For most teens, going away to college marks their first time living on their own," says allergist Bradley Chipps, MD, president of the American College of Allergy, Asthma and Immunology (ACAAI). "In addition to moving to a new place, many teens must learn to manage their own schedule, diet, exercise and health. Young people may find their allergies and asthma neglected due to other, seemingly more important demands for their time."

1. Make time now to see your allergist -Schedule an appointment with your allergist now



to discuss plans for the fall. During this visit you should ask for a referral to an allergist close to where you're going to college, as well as a complete copy of your records, including medications, lab work and allergy test results.

- 2. Start practicing good self-management Carry your asthma medications with you in case of a flare-up.
- 3. Set up a network If you're moving far from home, along with a new allergist, identify new primary care and specialty physicians, as well as a new pharmacy.
- 4. Talk to the folks who'll make your food -

If you have a food allergy, plan to talk to food handlers and ask about ingredients at every meal or snack. It's your job to educate others about your allergies.

5. Have an emergency plan - Even when you're at the gym or out with friends, find a way to keep two doses of epinephrine on hand.

Allergists are the best trained professionals to diagnose and treat allergies and asthma. To make sure you're fully prepared for the fall, contact your allergist or, if you need help finding one, visit the ACAAI allergist locator.

Harris Home Fills Key Posts

As Harris Home for Children continues to position itself for growth, it stays vigilant in meeting the needs of its residents while focusing on the future. With this in mind, it is pleased to announce that Geoff Otieno and Lee Wynn have been named to new positions.

As the new director of residential services, Otieno will focus more of his time and talents on the programs that deliver services to residents. Otieno will

work closely with the staff members and residents to ensure maximum impact on the lives of the children. Additionally, he will oversee relationships with the State of Alabama DHR and other local, state and federal organizations. He has dedicated over 13 years to the organization, and his knowledge, wisdom and guidance are something the Harris Home will rely upon daily.

As the new director of support services, Lee will

provide leadership and guidance over many of the areas that allow the Harris Home to provide the services to children. These include office support functions, accounting, facilities, human resources, and assigned special projects. With over 30 years of administration experience, Lee will use his valuable knowledge and experience to assist the organization in these critical areas of support.

Albert's Flowers

Located Downtown in Medical District; Closest Florist to Huntsville Hospital Free Delivery to Huntsville Hospital and Local Funeral Homes

716 Madison Street - Huntsville, AL 35801

FLOWERS, GIFTS, EXOTIC FLOWERS

Graduate of American Floral Art School 256-533-1623 256-536-6911 www.albertsflowers.com



Tennessee Valley Diversity Leadership Colloquium X APPLICATION FORM

SEPTEMBER 4 - OCTOBER 30, 2018

DLC offers aspiring and experienced leaders with opportunities to benefit from qualified and seasoned trainers, scholars, and business professionals who share and discuss research and best practices regarding attainment of excellence through diversity. DLC is designed for individuals interested in gaining access to networks, mentors, and sponsors that have traditionally not been available to diverse members of the broader community. Enrollees will be exposed to topics such as: Understanding and Embracing Diversity, Organizational Culture and Structural Reform, Racial and Gender Intelligence, Social Justice and Equality, Networking and Mentoring, Politics, Heroes and Holidays, Critical Thinking and Self-Affirmation and Living the CARE Values. Individuals and companies are making sincere efforts in verbalizing a commitment to diversity excellence. However, we must be trained to build the next generation of leaders who have the skill sets, tools and commitment to execute.

Name	Date		
Address		Apt. Unit #	
City	State _	Zip	
Phone (mobile)	_ Business/Home	E-mail	
Company/Organization			
Γitle			
U.S. Citizen? Yes No	Enrolling Quarter		
Education			
High School Attended		Graduated: Yes No	
College(s) Attended			
Highest Degree	Career Field		
References			
		_ Association	
		_ Association	
NamePhone	E-mail _	_ Association	

Please mail this Application Form, 3 Letters of Reference, and Resume to: 415-A Church Street-Ste. 100, Huntsville, AL 35801 - (256) 651-9028; visit us at www. diversityleadershipcolloquim.com; or e-mail info@diversityleadershipcolloquium.com. Tuition (\$795) and photo will be required only if accepted to participate.