

# Liz Hurley Ribbon Run Scheduled

Huntsville Hospital Foundation's 15th annual Liz Hurley Ribbon Run 5K and Survivors' Walk will be held on Saturday, Oct. 20, at Huntsville Junior High School.

The Survivors' Walk will now start at 8 a.m., giving race participants the opportunity to honor and cheer on participating breast cancer survivors. The 5K race will then begin at 8:30 a.m., with runner awards at 10 a.m. The event will also feature pink race shirts for the first time ever, free to every runner who registers.

The 2018 race will once again raise essential funds for the Huntsville and Madison Hospital Breast Centers. This year's proceeds will enable the Foundation to purchase a new ultrasound machine and three ultrasound upgrades for Huntsville Hospital Breast Center, and will go toward the purchase of a new 3D tomosynthesis machine for Madison Hospital Breast Center

For more information or to register, please visit lizhurleyribbonrun.org. The \$25 early-bird rate ends

## **Deltas Sponsoring Forum**

The Huntsville Alumnae Chapter of Delta Sigma

Theta Sorority, Inc., will hold its "Election 2018 Political Forum" Issues That Matter" on Thursday, November 1,

at Pine Grove
Missionary Baptist Church
at 6 p.m. The church is
located at 759 Pine Grove

Road, Harvest, Ala.

Among the political

candidates scheduled to participate are: Will

Ainsworth and
Dr. Will Boyd (Lt.
Governor); Kevin
Turner and Tim
Clardy (Sheriff);
Steve Marshall and
Joseph Siegelman
(Attorney General); and Frank

Barger and Michael Walker (Probate Judge).

Questions can be forwarded to hsvtownhal-lquestions@gmail.com.

# **Chancellor Names New President of Drake State**

At the recent Alabama Community College System board of trustees meeting, Chancellor Jimmy H. Baker announced the selection of Dr. Patricia Sims as president of J.F. Drake State Community and Technical College.

Sims has 25 years of experience in both K-12 and higher education. Most recently, she served as dean of the College of Education at Athens State University in Athens, Ala. Sims previously served at Drake State for more than 12 years as student services management director and dean of instructional and student services.

"Dr. Sims' proven leadership and commitment to innovation and student success makes her the right choice for Drake State," Baker said. "With unique experience in all levels of education, from teacher to principal to dean, Sims brings with her tremendous energy and enthusiasm and I am confident Drake State will flourish under her leadership."

Sims' most recent position at Athens State University, a two-year upper



level institution with a 100 percent transfer population, provided her with a unique perspective on the receiving end of community college graduates that will serve her well in her new role.

"My career as an educator, administrator, advocate, and community leader has prepared me for the role of president at Drake State," Sims said.

Sims earned a Bachelor of Science degree from the University of West Alabama and a Master of Education degree from Alabama A&M University. She also received a Doctor of Education from Vanderbilt University.

## **SPW Plans Blue Carpet Affair**

The Society of Professional Women will host its Second Annual Blue Carpet Affair and Christmas Gala.

"Her Story is
Our Strength"
honors four
luminaries who
exemplify the
spirit of community service. The Society of Professional Women's mission is
"To enhance and foster the
growth of a diverse community" around educational values of family living
and cultivating its morals
through community services and instilling precepts

The public is invited to a celebration of excellence

of virtue and order.

honoring Dr. Lydia Andrews of Huntsville, Ala.; Dr. Verlindsey Steward Brown of Huntsville, Ala.;

Claudia Bucher of Huntsville, Ala.; and Saundra Simmons of Huntsville, Ala. The affair

will be held Saturday, December 8, at 6 p.m. at the Robert "Bob" Harrison Senior Wellness & Advocacy Center located at 6156 Pulaski Pike, Huntsville, Ala.

Tickets are \$30 per person or \$300 for a table. Contact Claudinette Purifoy-Fears at (256) 651-3621 or e-mail cpurifoy@ bellsouth.net.



## Spotlight on Elders: James D. Foster, Page 4

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# Champion Game Plan for Life

by Preston Brown

Matthew 6:33 says: But seek ye first his kingdom and his righteousness, and all these things will be given to you as well.

You know, it is amazing to me that, depending on what "season" you are in, as it pertains to your spiritual life, how this scripture will affect you.

In other words, you can read something one year and then the next year it seems to take on a different meaning. This year, this scripture speaks to me a message of "more than enough." Because when we seek God first in our lives, we will realize that we have more than enough.

Today, we seem to live in a time when there is never enough. There is always the need for more, never less. For example, many people's jobs require more effort, more production, and more time. Even in the church, we need more members.

Let's face it. We live in a time of never enough. Many times when we wake up in the morning, we say, "I didn't get enough sleep." Or, when we go to bed at night, we say "We didn't get enough done in the day." It's always never enough.

And then, so often we may have enough money, but not enough time to enjoy it, or we have time but not enough money. That's why Ecclesiastes says, "Whoever loves money never has enough." Whoever loves wealth is never satisfied with their income. So what is the answer?

I believe that until we seek God first in our lives, we will always feel like we don't have enough. There will always be this insatiable appetite that cannot be filled. That's why we all need to be looking for that well that won't run dry, and we can only find it when we partner with Jesus and let him



take control of our lives. Also, let him take control of your finances. And we do that by asking God to supply us with the discerning wisdom to take control of what really matters, and that comes when we seek first his kingdom and his righteousness, and his promise to us is that all other things, significant things, will be added to our lives ... Stay encouraged, my brothers and sisters, and make sure you purchase a copy of "A Champion Game Plan For Life" at amazon.com or BarnesandNoble.com. This book is a "life changer."



## **Redstone Team Wins at Army Ten-Miler**

Redstone Arsenal won double repeat championships Sunday at the 34th annual Army-Ten Miler near the Pentagon.

Team Redstone won its 12th straight championship in the government agency division and 10th straight title in the all-comers division.

Brandon York, in his sixth year with the team,

finished fourth overall out of more than 30,000 runners. He won the men's 30-39 age group in 51 minutes, 26 seconds.

York led Redstone to first in all-comers with Blaise Binns (58:05), Bo Brawner (1:01:31) and David Stout (1:03:35). Rounding out the team were Will Rodgers, Chief Warrant Officer 3 Walner Nelson, Sean Allan and assistant coach Skip Vaughn.

Beck Mitchell (57:37) led the government agency team with Daniel Sillivant (59:08), Kyle Miller (59:55) and Blake Thompson (1:00:59). Rounding out the team were Matt Casiano, Conrad Meyer, Chief Warrant Officer 5 David Cassity and coach Harry Hobbs.



Washington, D.C., for this week.

1. The House and Senate are in recess until November 13. Last Thursday, Senate Democrats agreed to a deal with the GOP to adjourn two weeks early in exchange for immediately confirming three federal circuit court judges and 12 federal district court judges. According to Politico, the current tally of confirmed federal judges nominated

the past two years adds up to 84 judges, including two Supreme Court justices.

2. This week, President
Trump has another busy
schedule of campaign appearances with stops in Missoula,
Mont., on Thursday, Mesa,
Ariz., on Friday and Elko, NV
on Saturday. On Wednesday,
the President convened a
Cabinet meeting at the White
House and hosted an award
ceremony to present the Med-

al of Honor to Sgt. Maj. John Canley, USMC, Ret. of Oxnard, Calif., who is an 80-year-old veteran of the Vietnam War and the 300th Marine to win the Medal of Honor.

3. The Axios website reported on Saturday that President Trump will announce his choice of D.C. civil litigator Pat Cipollone to replace departing White House

Counsel Donald McGahn.
Cipollone, who worked in the
Bush 43 Justice Department,
was also a partner at Kirkland
and Ellis with Supreme Court
Justice Brett Kavanaugh. According to The Washington
Post, Cipollone has been
informally advising President
Trump on the Russia Special
Counsel probe for the last four
months and is very active in
the Roman Catholic Church
– with Fox News host Laura
Ingraham crediting Cipollone

as her mentor when she converted to the faith in 2002.

4. With 22 days to go before

the Mid-Term elections on Nov. 6, a new Washington Post/ABC News poll of 1,144 adults conducted last Monday through Thursday shows a significant 12% overall increase from 2014 in the number of people who are planning to vote (or who have already voted) in the Mid-Term elections, with Democrat and Independent voter enthusiasm leading the pack up 18% and 13%, respectively (GOP voters were up 4%). One very striking fact in the poll was that voters aged 18-39 registered a 25% increase in their determination to vote. In the same poll, President Trump's approval rating rose 5 points to 41% and, for the first time in this poll, the President received a net positive rating of 49% on his handling of the economy.

5. Last Friday, The Washington Examiner published a list of 289 accomplishments by the Trump Administration since Jan. 2017, including the new US/Canada/Mexico trade agreement, the creation of 3.5 million jobs, the lowest unemployment rate since 1969, a partial roll-back of the Dodd-Frank financial reform law, and the deportation of 226,000 undocumented immigrants.

6. On Monday, in a Boston courtroom, the battle over Harvard University's use of race in admissions begin. The outcome of this case could have broad ramifications for affirmative action in the United States. Harvard is defending itself against a lawsuit claiming its admissions process is unfair to Asian-American applicants, who the suit argues are held to a higher standard than applicants from other groups. Led by longtime

anti-affirmative-action activist Edward Blum, the legal battle is seen by many as the next opening to ban race in admissions. Coincidentally, its journey begins just after President Trump added a fifth conservative justice to the Supreme Court, where the case is likely to end.

7. The White House announced that the ticket lottery to attend the 96th lighting ceremony for the National Christmas Tree on the White House Ellipse on Nov. 28 will open at 10:00 a.m. EDT this Thursday, Oct. 18 thru 10:00 a.m. on Oct. 22. To enter the lottery, go to recreation.gov and then click on the link that says "ticket lottery." Winners will be notified on Oct. 29.

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# Valley Weekly

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Scenes from Alabama A&M University Homecoming 2018



## James D. Foster

A native of Birmingham, Ala., James D. Foster (James d foster) is a graduate of Carver High School. He enrolled in Alabama A&M University and earned a degree in history and government. He later completed two graduate degrees, one in urban studies/city planning and the other in personnel management. He did further study in business management at the University of Virginia, Charlotte, Va. The administrator also served two years in the Army with assignments in both Europe and Vietnam.

He is a retiree from the federal government following some 38-plus years of service, primarily in the human resources area (civilian personnel admin-

istration). He also served two years as Redstone military educational officer; however, he actually began

his career in the field of electronicsmissile radar systems.

His career was punctuated by a twoyear tour in Korea 1976-78 as the personnel training liaison officer.

He also served a special split assignment between Headquarters Army Materiel Command, Alexandria, Va., and Redstone Arsenal from 1983-88, directing and coordinating the development of three high level employee development programs.

Foster has been the recipient of several awards for his contributions to his

> professional work environment, community, civic groups and other membership organizations.

He is a life member of the Alabama A&M Alumni Association, once

serving as president of the local chapter; life member of Kappa Alpha Psi Fraternity, Inc. (served as Polemarch and on various committees); life member of Blacks In Government (BIG); and life member of NAACP.

## **FAITH Initiative Funds Scholarships** by Dr. Joyce Pettis Temple

The Faith Initiative is inviting interested individuals and families to create an endowed scholarship to honor a deserving family member(s).

Currently, FAITH awards the Bobby Bodiford Memorial Scholarship and Dr. Constance Dees Memorial Scholarship; both are for \$1,000 and awarded at the organization's Annual Event, held in April. These

scholarships are supported by advocates for education and family members and friends of the Bodiford and Dees families, respec-

FAITH recognizes both the monetary needs of high school graduates seeking

to attend college as well as the rising costs of higher education. Therefore, FAITH is welcoming additional annual and endowed scholarships. An endowed scholarship is an infinite gift. The principal is invested and the scholarship



is based on the interest. An endowed scholarship is an honorable way to preserve someone's name into perpetuity as the two current scholarships pay homage to two outstanding educators.

If those interested in creating such scholarships require time to establish an endowment, it is also possible that an annual scholarship may be given during the establishing time period.

The FAITH Board of Directors is excited to discuss the process and the details with interested individuals

or families.

Please contact us as soon as possible (but by October 30, 2018) at faithinitiativenonprofit@gmail.

com; call (256) 714-9377; or write us at the P.O. Box 3858, Huntsville, AL

The FAITH Initiative is a nonprofit organization; donations are tax deductible. Motto: The FAITH Initiative: Inspiring Transformation and Hope.

## **Tips to Boost Your Career**

(BPT) The rapid pace of change in jobs means the era of one-and-done learning is over. It no longer matters what you learned in the past--to stay relevant you need to upskill. So if you want to improve your marketability and get ahead in your career, it's time to think about the valuable skills that could open the door to new opportunities. The good news is with tools and online courses on platforms like LinkedIn Learning, you can explore and develop critical skills and interests - right at your fingertips anytime, anywhere.

"Experience never gets old, but your skills can," says Marci Alboher, author of The Encore Career Handbook and LinkedIn Learning instructor. "Re-skilling throughout your career will position you to ensure you're finding meaning in your work, growing in your profession and making an impact along the way."

Here are three tips for kick-starting your learning efforts.

1. Find the time! The #1 career goal for professionals in 2018 is to learn a new skill - but not everyone knows where to fit learning into their daily lives. Start



whenever it's convenient for

your busy life.

- 2. Make it a habit. They say a habit is formed in 21 days. Whenever you slot learning into your daily schedule, try to pick a time when you can make it routine. Fun fact: LinkedIn Learning also sets a reminder for you, so it's one less thing you have to remember in your day.
- 3. Pick your skills. Soft skills, such as communication and critical thinking, will give you a competitive

advantage in the workplace LinkedIn makes it easy to identify the skills you need by alerting you to the most in-demand skills for your job and industry, based on your LinkedIn profile, from project management to leadership.

One of the most important skills for keeping your passions alive is to learn how to be a lifelong learner. In any industry, in any phase of life, there are always new skills to be gained, and new knowledge to explore. Committing yourself to being someone with a constant appetite for learning will enrich you not only today, but throughout the course of your career. To learn more, visit www. linkedin.com/learning.





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No representation is made that the quality of the legal services to be performed is greater than the quality of legal services performed by other lawyers.

#### Where to Find Your **FREE Copies of** The Valley Weekly

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Albert's Flowers

Alphonso Beckles, Attorney at Law

Bob Harrison Senior Wellness Center

Briar Fork CP Church

Bryant Bank - Church Street

Chris' Barber Shop

Depot Professional Building

**Dunkin Donuts** 

Eagles' Nest Ministries

Fellowship of Faith Church

Fellowship Presbyterian Church

Health Unlimited

House of Hope and Restoration

Huntsville Bible College

James Smith - AllState Insurance

Lakeside United Methodist Church

Lucky's Supermarket

Marshall England - State Farm Agent

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Nelms Memorial Funeral Home

N. Ala. Center for Educational Excellence

Oakwood University Post Office

Regency Retirement Village

Rocket City Barber Shop

Sam and Greg's Pizza

Sav-A-Lot

Sneed's Cleaners

Starbucks (Governors Drive, N. Parkway at

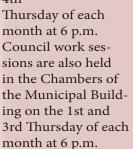
Mastin Lake Road/University Drive)

Union Chapel Missionary Baptist Church

## **Huntsville City Council Meetings**

Huntsville City Council's regular meetings are held in the City Council Chambers of the Mu-

nicipal Building on the 2nd and 4th



For more information, call (256) 427-5011.



Dr. Olivia Harris Sanders Academic Scholarship

**Minority Students Achieving Academic Excellence** 



This scholarship is awarded to minority undergraduate students who are interested in continuing their college education. The scholarship is in memory of Dr. Olivia H. Sanders, a retired professor, long-time educator and a charter member of Rho Chi

#### To be considered for this scholarship, a student must:

- Be currently enrolled in one of the following schools:
   Alabama Agricultural and Mechanical University (AAMU)
   Athens State University
   Calhoun Community College
   JF. Drake State Community and Technical College
   Oakwood University
- The University of Alabama in Huntsville (UAH)
   Be a minority undergraduate (male or female) student.

- Be a minority undergraduate (main or tennale) student.
  Have completed one semester (12 hours) at the respective institution.
  Have a cumulative and prior semester grade point average (GPA) of 2.7 or above.
  Complete the scholarship application in its entirety.
  Submit an essay of 250 words, and no more than 350 words, on the following topic: "What will my footprint mean to the world?".

Visit www.aka-rco.org for the application packet.

Postmark Deadline: October 31, 2018

# Campus Group to Hold 'Trunk or Treat'

The University Echoes, Alabama A&M University's student ambassadors, will hold their annual Trunk or Treat event on Friday, October 19, in the tailgate

parking lot of Louis Crews Stadium from 6-8 p.m.

Open to the public, the event will feature numerous student organizations, decorated vehicles and

"a safe and spooktacular night."

For additional information, contact univechoes@ bulldogs.aamu.edu or call (256) 372-5245.

## **Domestic Violence Awareness Walk Slated**

Mizpah Chapter No. 37 Order of Eastern Star, Evening Star Lodge No. 6 F. & A.M. of Alabama and Crisis Services of North Alabama, in association with the City of Huntsville Department of Parks and Recreation, will sponsor the Domestic Violence Awareness Walk on Saturday, October 20, from 8 a.m.-12 noon at the Dr. Richard Showers

Recreation Center Walking

Track, located at 4600 Blue Spring Road in Huntsville,

Registration will begin at 8 a.m., and the walk will start promptly at 8:30 a.m.

According to a recent report from the Statistical Analysis Center of the Alabama Law Enforcement Agency, one in three women and one in four men have experienced some form of physical violence by an intimate partner.

On a typical day, domestic violence hotlines receive approximately 21,000 calls, approximately 15 calls every minute. Intimate partner violence accounts for 15% of all violent crime. Having a gun in the home increases the risk of homicide by at least 500%. Join the 3rd Domestic Violence Awareness Walk. Get involved, join the walk and wear purple throughout the month.

# Valley Deaths

#### - Nelms Memorial Funeral Home -

Funeral service for MR. DARRELL W. BAKER (b. 1959) was held Wednesday, October 17, at Morning Star Missionary Baptist Church in Deposit, Ala., with Pastor William Carter, Jr., officiating.

Funeral service for MR. TREVON HARDY-SELL-ERS (b. 1994) was held on Tuesday, October 2, at Fellowship of Faith Church with Pastor Troy L. Garner officiating.

Funeral service for MS. SHAWNTIA TAJA JACK-SON (b. 1996) was held Tuesday, October 2, at Fellowship of Faith Church with Pastor Troy L. Garner officiating.

Funeral service for MS. GERALDINE G. TURNER (b. 1951) was held Saturday, September 29, at New Hopewell Missionary Baptist Church with Pastor Larry Lockett, Sr., officiating.

### - Royal Funeral Home -

Funeral service for MR. LEE J. GAGE (b. 1922) will be held Saturday, October 20, at Royal Chapel of Memories with Pastor Dave Draper officiating.

Funeral service for MRS. EVANGELINE SPILL-MAN (b. 1919) will be held Thursday, October 18, at Lakeside United Methodist Church with Rev. Earla Lockhart officiating.

Funeral service for MS. INGRA CONLEY (b. 1969) was held Tuesday, October 16, at Union Chapel Missionary Baptist Church with Dr. O. Wendell Davis officiating.

Funeral service for MS. JOHNNIE MAE SALES HARRIS (b. 1937) was held Sunday, October 14, at St. Andrew Primitive Baptist Church in Madison, Ala., with Pastor Michael Hartwell officiating.

### - Serenity Funeral Home -

Funeral service for MR. MATTHEW BRIAN AD-DERLEY (b. 1986) was held on Tuesday, October 16, at 11 a.m. at Oakwood University Church (5500 Adventist Blvd NW Huntsville, Ala.) with Dr. Carlton P. Byrd officiating.

Funeral service for MRS. GLORIA CATTAGE (b. 1951) was held on Friday, September 28, at 5 p.m. at Serenity Funeral Home (2505 University Drive NW Huntsville, AL) with Sister Brittany Pitts officiating.

# The Valley Weekly Calendar of Events

#### October 19

Estate Planning
Discover How Estate Planning
Can Benefit You and Your
Family, No Matter How Much
(or Little) Money You Have
The Atrium at Redstone
Federal Credit Union
220 Wynn Drive
Huntsville, Ala.
9 a.m.-12 noon RSVP:
hhutchinson@welchhorn-sby.com by Oct. 12

Eighth Annual Breast Cancer Survivors Celebration Sponsor: Kimberly Fails Jones Foundation www.kfjfoundation.org

Vendors: (256) 658-5678 Von Braun Center-North Hall

Huntsville, Ala. 7-9 p.m.

#### October 20

Ribbon Cutting Ceremony Church Street CPCA 228 Church Street Huntsville, Ala. - 9 a.m.

#### October 21-January 13 Exhibit

"Louis Comfort Tiffany: Treasures from the Driehaus Museum"
Huth, Boeing, Salmon,
Haws & Chan Galleries
Huntsville Museum of Art
A celebration of beauty,
Louis Comfort Tiffany:
Treasures from the Driehaus Collection features
more than 60 objects spanning over 30 years of Tiffany's prolific career.

#### October 27

Live Taping of Christmas Special for ABC Television featuring gospel artist, Kirk Franklin - Oakwood University Church, 5500 Adventist Blvd., NW, Huntsville, Ala. 11 a.m.

Magic City Classic Game AAMU vs. Alabama State University Legion Field 2:30 p.m.

# Called Preach

by Pastor/Founder Michael D. Rice Grace Gethsemane Mission Church

## **Bothersome Biodata**

Biodata is defined as information regarding an individual's education and work history, especially in the context of a selection process.

In other words, it is that section of the resume where a potential employee gives background data to a potential employer, hoping to convince that employer that they are a good hire.

The problem with a resume is that a person can give fake biodata, making them look better than they are. The writer of Hebrews sought to inform his first readers and listeners that one cannot do that with God and to warn them of what I call the tragedy of avoiding the bothersome biodata found in the word of God.

James sought to give the remedy for that tragedy.
The reason the biodata

found in God's word is bothersome is its ability to cut beneath the surface and give distinctive designation to true motives.

Avoidance is a tragedy because the truth of the matter is that the same word that cuts, also cures. James likens God's word to a mirror and says that it is the sin of brevity before that mirror that causes one to soon forget what that mirror reflects and thereby tries to get by with a hideous hypocrisy rather than a trusting transparency before God, who can change that bothersome biodata to a better one.

That surgical succor found in God's word is one's only hope. James says instead of just reading the Bible, let it read us.



# **Estate Planning**

Discover How Estate Planning Can Benefit You and Your Family No Matter How Much (or Little) Money You Have

Friday, October 19, 2018 9:00 a.m. to 12:00 p.m.

The Atrium (Gemini Room) at Redstone Federal Credit Union 220 Wynn Drive, Huntsville, AL 35893

Presented by: The Financial & Estate Planning Council of Huntsville RSVP Harvey Hutchinson at (hhutchinson@welchhornsby.com) by October 12, 2018.



#### SPEAKERS:

John B. Burns, Esq.

Managing Member

John Burns Estate & Elder Care Law

Christel Dunn, CFP®
Wealth Management Advisor
Staley Dunn Wealth Management
Group, Merrill Lynch

Harvey A. Hutchinson, AEP® CFP® Client Advisor Welch Hornsby

Stephanie K. Kingsford, CPA, CFP® Associate Womack & Associates Shari Burnum, CFP® CExP™ Branch Manager Investor's Resource

Doreen Grannis-Viscovich, CRPC® Financial Advisor Staley Dunn Wealth Management Group, Merrill Lynch

Dean Johnson, CTFA Senior Fiduciary Advisor PNC Wealth Management

David Staley, CFP® CDFA™ CRPC® Senior Resident Director Staley Dunn Wealth Management Group, Merrill Lynch



BIRTHDAY - October 19 - EVANDER HOLYFIELD - Born in Atmore, Ala., Evander Holyfield is an American retired professional boxer who competed from 1984 to 2011. He reigned as the undisputed champion at cruiserweight in the late 1980s and at heavyweight in the early 1990s. - BlackinTime.info



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# **United Way Announces Big Reading Day**

Local governments across Madison County are declaring JUMPSTART READ FOR THE RECORD DAY in Madison County for the 10th year in a row.

October 19, 2018

This year's event, sponsored by United Way of Madison County, gives parents, guardians, and caregivers with children ages 3 to 8 years a chance to share a fun story, Maybe Something Beautiful by F. Isabel Campoy and Theresa Howell, (and to raise awareness of the importance of reading and education).

A national partner with the Jumpstart organization and the first United Way in the U.S. to host a community-wide event, the local United Way continues to grow this advocacy and service effort. This annual event gives United Way special opportunity to draw attention to the work they do with partner agencies and initiatives in this community vear round.

"Our local community has made it clear they want our young children to grow to reach their potential, and be prepared for tomorrow's workforce, and we know that starts with early learning, United Way has made quality education and healthy lifestyles for every child a priority," shared United Way CEO Clay Vandiver.

United Way's Community Impact Director Cathy Miller adds, "This one big day helps us draw attention to an essential part of education. We bring the entire community together to participate while emphasizing the important role each of us plays in the future generation's literacy and success."

Children and their families may participate in public reads at the

- Big Spring Park East with ARTS Huntsville on Thursday, October 25 at 10:00am, 1:00pm, and 4:00 pm with special Spirited Bunnies public art exhibit

- Early Works Children's Museum on Thursday, October 25 (as part of their regular programming - contact for specific times)
- Green Street Marketplace at Nativity (October 25 in the late afternoon/early evening)
- Huntsville/Madison County Public Libraries at their 15 weekly preschool story times
- Huntsville Botanical Gardens as part of Bootanica on Saturday, October 27
- Learning Express Toy Store on October 25 at 10:30am
- U.S. Space & Rocket Center on October 25 (as part of their regular programming - contact for specific times).

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> LUNCH SERVED MONDAY THRU FRIDAY 11:00AM UNTIL 2:00 PM



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## Latest Medical Nobel Winners Mimic Moses, Michelangelo ... and Ego-holism Recovering Step #2

2 And the Lord said unto him, What is that in thine hand? And he said, A rod.

3 And he said, Cast it on the ground. And he cast it on the ground, and it became a serpent; and Moses fled from before it.

4 And the Lord said unto Moses, Put forth thine hand, and take it by the tail. And he put forth his hand, and caught it, and it became a rod in his hand:

5 That they may believe ..." -Exodus 4:2-5, King James Version

Someone once asked Michelangelo: how did you create "David," from that huge block of marble? The 16th century sculptor answered: "David always existed in that marble block; my job was simply to chip away the excess rock around it."

Perhaps that was the thinking, motivation for Kyoto University's Tasuku Honjo and University of Texas MD Anderson Cancer Center's James P. Allison's pioneering cancer treatment discoveries, which led to their receipt of the 2018 Nobel Prize for Medicine.

"Cancer kills millions of people every year and is one of humanity's greatest health challenges. By stimulating the inherent ability of our immune system to attack tumor cells this year's Nobel Laureates have established an entirely new principle for cancer therapy," explained the Nobel Committee.

Although 6,856 miles apart in geography and independent research, Allison and Honjo followed the same "Moses and Michelangelo models": each worked with existing tools; each kept digging below the expected norms; and consequently, each of these four pioneers un-earthed new pathways to freedom, artistic expression and alleviating human suffering.

As you seek to recover from ego-holism - i.e., the addiction to self, both big (arrogance) and little (low-/ no esteem) egos - recovering step #2 encourages us to "dig deeply below the surface, to un-earth hidden treasures."

So often, as with Moses, our solutions exist typically within our immediate grasp - only needing our willingness to seek a God interven-

Michelangelo continued chipping away the excess marble until the nowfamous David sculpture became visible - and now outlives him!

When the preteen Allison's mother died of lymphoma/ cancer - as did many other relatives - this pain triggered his interest to dig deeper into the science. "I didn't get into this to cure cancer. I



wanted to know how T cells work," he offered, referencing an integral part of the immune system.

Similarly, after a medical school classmate died of stomach cancer, Honjo was motivated to began his cancer research.

Honjo once recalled an unfamiliar golf club member approaching him to thank him for discovering the treatment for his lung cancer. "Thanks to you, I can play golf again."

"A comment like that makes me happier than any prize."

tim allston is the author of the free book, 7 Steps to Manage Ego Problems: The How-to Guide for "Someone Else," free and downloadable now at www.GetEgoHelpNow.org.





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